

Orthopedic Specialty Protocol

JOINT	INCLUDED	EXCLUDED
SHOULDER	Acromioclavicular Joint Subacromial bursa	Bicipital Tendon Glenohumeral joint aspiration and injection
ELBOW	Olecranon Bursa	Ulnar Collateral Ligament Biceps Tendon Biceps Muscle Annular Ligament of Radius Muscle and Tendon attachments at the Medial and Lateral Epicondyles
GREATER TROCHANTERIC BURSA	Iliopsoas Bursa Gluteous Medius Bursa Ischiogluteal Bursa	Hip Joint
KNEE	Pes anserine bursa	Suprapatellar bursa Prepatellar bursa Infrapatellar bursa Patellar Tendon Sartorius Tendon Gracilis Tendon Semitendinosus Tendon
WRIST, HAND	EXCLUDED	NPs are not authorized to perform injections in the wrist or hand
ANKLE	EXCLUDED	NPs are not authorized to perform injections in the ankle
FOOT	EXCLUDED	NPs are not authorized to perform injections in the foot

****No injections of tendons, ligaments, or muscle groups****

“For the purpose of this approval the mid-level practitioner is allowed to perform aspirations of joints [limited to shoulder, elbow (olecranon bursa only), knee, and greater trochanteric bursa according to the above grid], with Board approved documentation of training under direct physician supervision. Allowed to perform injections to joints [limited to shoulder, elbow (olecranon bursa only), knee, and greater trochanteric bursa], with Board approved documentation of training under direct physician supervision. Mid-Levels are approved to perform joint injections at remote site locations after approval of documented training and upon request to and approval by, the Board. Total of 25 supervised injections with no less than three (3) of each joint to be considered for approval”. Supervised practice must be submitted within one (1) year of being granted the approval to train or the approval to train expires. Effective March 20, 2018