45th Annual

Alabama School of Alcohol and other Drug Studies

March 24 – 27, 2020
Bryant Conference Center
Tuscaloosa, AL
Welcome to the 45th Annual Alabama School of Alcohol and Other Drug Studies (ASADS). The Board of Directors would like to take this opportunity to welcome everyone to the Bryant Conference Center on the campus of the University of Alabama. We sincerely want to make your learning experience the very best it can be. If you have any questions, please speak to any of the Board members and volunteers. We will be happy to assist you.

ASADS is hosted annually by numerous state agencies, treatment/prevention programs, community partners, and primary health care providers. This year ASADS will offer a special plenary speaker each day, and over forty courses throughout the week, along with one very special presentation of the Carl Nowell Award.

The ASADS Board consists of up to twenty-one members, which plan and operate the annual conference. Planning is conducted for twelve months to provide the best workshops possible for attendees. Registration fees, exhibit fees and corporate sponsorships are used to pay for the faculty and expenses of the conference. Workshop content, conference materials, logistical support, and breaks are all provided. Members of the Board serve as volunteers to coordinate the conference. Each co-hosting agency contributes the time of board members and assists with publicity and printing.

The objectives of ASADS are to:

1. Foster and maintain the integrity of substance abuse-related services by assisting professionals whose duties include law enforcement, or prevention, intervention, treatment, victim services, and rehabilitation or related social services.
2. Promote a broader understanding of response to, and acceptance of, the process of addiction and its impact in the areas of health, family, community, crime and the work place.
3. Encourage the exchange of professional knowledge through educational conferences and programs of continuing education.
4. Encourage, establish, and maintain high standards of professional education and training for all component groups of the human service community.
5. Involve federal, state, and local agencies/organizations in efforts to enhance the development of comprehensive continuing educational programs focusing on substance abuse issues.
6. Disseminate knowledge and information concerning the training and continuing education program.

Thanks for choosing ASADS.

We look forward to a great week with you!
ABOUT THE 2020 PROGRAM

WHO SHOULD ATTEND?
The Alabama School of Alcohol and Other Drug Studies (ASADS) is designed to meet the continuing educational needs of professionals involved in the enforcement, prevention, identification, assessment, treatment and rehabilitation of chemical dependency, including:

Certified Addiction Professionals  Child Protective Staff
Licensed Professional Counselors  Correctional Personnel
Court Referral Officers  DUI Program Staff
EAP Managers  Rehabilitation Specialists
Human Resource Professionals  Law Enforcement Professionals
Clergy  Nurses
Physicians  Prevention Specialists
Probation/Parole Officers  Psychologists
Educators  School Counselors
Community Corrections Professionals  Drug Education Coordinators
Social Workers  Substance Abuse Treatment Staff
Trauma Counselors  Court Referral Education Staff
Pharmacist

Whether you are new to the chemical addictions field or an experienced professional, represent a public or private organization, or work in other related areas, you will benefit personally and professionally from this major educational event. Please note ASADS offers courses on prevention, treatment, recovery and rehabilitation career fields.

2020 ASADS BOARD OF DIRECTORS and ADVISORY BOARD

Angela Camp, President, Bradford Health Services
Denise Shaw, Vice President, Administrative Office of Courts
Roderick Chambers, Treasurer, AL Board of Pardons and Paroles
Debbi Sims, Secretary, ADMH Substance Abuse Treatment Services
Bridget Jones, Parliamentarian, ALDOT-Training Bureau
Eddie Albright, NAADAC
Lynn Boyd, Ph.D., Advisory Board Chair, Troy University Montgomery
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Lucy Douglas, WellStone Behavioral Health
Joshlynn Edwards, AL Dept. of Public Health
Vanessa Goepel, University of Alabama
Nikki Harris, SATTC, Morehouse School of Medicine

Scott Holmes, Advisory Board, Alabama Department of Youth Services
Gail Hooper, Drug Education Council
Kathy House, AL Dept. of Mental Health
Shona Johnson, AL Dept. of Corrections
Stephen Kiser, Walker Recovery Center
Rodney Maiden, Ph.D., Assistant Professor Division of Counseling, Rehabilitation and Interpreter, Troy University
Mike McLemore, AADAA
Abby Migliore, Administrative Director for Discipline/Compliance Monitoring ABN
Samantha Patterson, Northwest AL Treatment Center
Kristin Pettey, Tuscaloosa VA Medical Center
Greg Snodgrass, Cumberland Heights
GENERAL INFORMATION

TUITION
Deadline for early registration is March 14, 2020. In an effort to provide a larger array of courses ASADS is now offering HALFW DAY COURSES. Registrations will be accepted until the first day of the School; however, registrations post marked or faxed after March 14, 2020 will include an increased fee. Please see registration fees below.

Please Note: Many classes are filled prior to March 14, 2020. To ensure class of your choice register early!

<table>
<thead>
<tr>
<th>Early Registration: March 14, 2019 and prior</th>
<th>Registration: March 15, 2019 or after</th>
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</thead>
<tbody>
<tr>
<td>4-day attendance $420.00</td>
<td>4-day attendance $450.00</td>
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<tr>
<td>3-day attendance $330.00</td>
<td>3-day attendance $355.00</td>
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<tr>
<td>2-day attendance $220.00</td>
<td>2-day attendance $255.00</td>
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<tr>
<td>1-day attendance $115.00</td>
<td>1-day attendance $140.00</td>
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<tr>
<td>Half Day attendance $60.00</td>
<td>Half Day Attendance $75.00</td>
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</tbody>
</table>

REGISTRATION INFORMATION
Participants may register online at www.asadsonline.com. We will also accept registrations by mail or fax for those who do not have internet access. Organizations may mail/fax a Purchase Order or Voucher for approval with names of participants identified. To request a registration form, contact the ASADS Office at 256-620-3304 or asadsalabama@gmail.com.

REGISTRATION PRIOR TO SCHOOL
When registering, please have your first, second and third choices for classes in mind. Every effort will be made to ensure participants are enrolled in their first choice, however, enrollment is limited, and reservations are made on a first-come, first-serve basis. ASADS reserves the right to cancel any course for which minimum enrollment is not reached. If a course is cancelled and a transfer is not possible, a full refund of the tuition fee will be made.

ON-SITE REGISTRATION INFORMATION
We encourage you to register on-line prior to the School and as early as possible so that you may attend the class(es) you need or desire to take. Registration will be held in the lobby of the Bryant Conference Center. If you have self-payment, payment must be a part of your registration upon registration (See “Week at a Glance” schedule for registration opportunities).

CANCELLATIONS AND REFUNDS
Cancellations received after March 6, 2020 will be subject to a 25% cancellation fee. No refunds are made after the program has begun. Participant substitutions are welcome. ASADS reserves the right to cancel or postpone classes in the case of a change or cancellation of an instructor.

FOOD AND REFRESHMENTS
Beverages and light snacks will be offered during break times.

ASADS will provide lunch each day for participants who are staying the entire day. Lunch will NOT be provided for participants who attend a one (1) half day course in a single day.

HANDOUTS
ASADS has gone green! Therefore, ASADS will not provide copies of course handouts before or during the School. Participants may go to the ASADS website two weeks prior to the School start date to download and/or print handouts.
SPECIAL NEEDS
In accordance with the Americans with Disabilities Act, please contact Tom Mihokanich at (256) 595-2219 or email asadsalabama@gmail.com to let us know of any accommodation that might be needed so that we can assist you.

CONTINUING EDUCATION HOURS
Continuing Education (CE) is designed to recognize the efforts made by individuals who attend approved continuing education programs. Participants at this school can earn up to 27 contact hours. Participants attending courses, as documented by daily attendance, will receive a certificate upon completion of the approved courses by email. CE granting authority requirements state that certificates cannot be issued early or given to another participant and only those courses approved by the certification issuing authority will be approved.

### Professional Associations

- Alabama Alcohol and Drug Abuse Association
- Alabama Alcoholism and Drug Counselor Certification Board
- Alabama State Board of Social Work Examiners-0502
- National Board of Certified Counselors-6600
- Certified Rehabilitation Counselor
- Alabama Board of Nursing-ABNP 1475 **PARTICIPANTS MUST BRING THEIR NURSING CARD TO BE SWIPED THROUGH THE ELECTRONIC SCANNER ONSITE.**
- Alabama Psychological Association
- Alabama Board of Nursing Home Administrators
- The Medical Foundation of Alabama

### Continuing Education (CE) Provider Statements

ASADS has been approved by NBCC as an Approved Continuing Education Provider, ACEP # 6600. Programs that do not qualify for NBCC credit are clearly identified on the Workshop Schedule. ASADS is solely responsible for all aspects of the program.

This school is sponsored by ASADS and the Alabama Psychological Association (aPA). The Alabama Psychological Association is approved by the American Psychological Association (aPA) to sponsor continuing education for psychologists. aPA maintains responsibility for this program and its contents. Partial attendance, late arrival, or early departure will preclude the issuance of CE credits.

ASADS has been approved as a Continuing Education Provider with the Alabama Board of Social Workers and may offer approved clock hours for programs that meet Alabama Board of Social Workers guidelines.

The Alabama Department of Rehabilitation Services is approved by the Commission on Rehabilitation Counselor Certification (CRCC) to sponsor continuing education credits for counselors. Sponsor number 00060639.

### Sign-In Stations

**Certified Rehabilitation Counselor (CRC/CRCC)** – All Counselors need to locate the **“CRC/CRCC Signage Station”** and complete the Course Completion Form at the end of each day.

**Alabama Board of Nursing (ABN)** – All nurses need to locate the **“ABN Signage Station”** and swipe their nursing license upon arrival and departure each day.

**APA** forms will be available at the registration desk. To be completed after the end of each day by participant.
Note:
Participants are responsible for selecting classes that meet the requirements of their certifying/licensing body for contact hours and renewal needs. If you have questions regarding the ASADS course content, contact Tom Mihokanich at (256) 595-2219 or asadstommiho@gmail.com

 Lodging
HOST HOTEL: Special arrangements have been made with the Hotel Capstone, which is also next to the Bryant Center, for participants at a special rate of $125.00 for single, or double, plus tax. The hotel is located at 320 Bryant Drive, Tuscaloosa, Alabama 35401. Phone: (205) 752-3200 or 1-800-477-2262. Please indicate you are attending the ASADS School when making your reservation. This special room block and rate is reserved until February 22, 2020. The hotel reserves the right to discontinue the special rate after that date. You must bring your confirmation letter indicating you are registered for this School when you check in at the hotel to receive this special rate. One night’s deposit is required when making your reservation.

ADDITIONAL HOTELS: Additional rooms are available close to the Bryant Conference Center. Please refer to the following:

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td>Holiday Inn Express</td>
<td>(205)464-4000</td>
</tr>
<tr>
<td>Country Inns and Suite</td>
<td>(205)345-9999</td>
</tr>
<tr>
<td>Hampton Inn of Tuscaloosa</td>
<td>(205)553-9800</td>
</tr>
<tr>
<td>Comfort Inn</td>
<td>(205)345-1434</td>
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<tr>
<td>Fairfield Inn</td>
<td>(205)750-8394</td>
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</tbody>
</table>

** Please note these are “some” of the lodging options available to you. The Hotel Capstone is our contracted site based on location and ability to negotiate a special rate due to large number of registrations during the school.
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:00 – 6:00PM Registration</td>
<td>7:00 – 8:00AM REGISTRATION</td>
<td><strong>ASADS T-Shirt Day</strong></td>
<td>7:00 – 8:00AM REGISTRATION</td>
<td>7:00 – 8:00AM REGISTRATION</td>
</tr>
<tr>
<td><strong>OPENING SESSION</strong></td>
<td></td>
<td><strong>Hopeful Healing</strong></td>
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<td></td>
<td></td>
<td>Presenter: Mackenzie Phillips</td>
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<tr>
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<td></td>
<td><strong>Substance Abuse Treatment and Trends for Women and Girls in Confinement Settings</strong></td>
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<tr>
<td></td>
<td></td>
<td>Presenters: Dr. Wendy Williams, Ed.D. and Mara Dodson, M.B.A.</td>
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<tr>
<td>9:30AM – 12:30PM WORKSHOPS</td>
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<tr>
<td><strong>12:30 – 1:30PM LUNCH</strong></td>
<td><strong>12:30 – 1:30PM LUNCH</strong></td>
<td><strong>Carl Nowell Award</strong></td>
<td><strong>12:30 – 1:30PM LUNCH</strong></td>
<td><strong>Adjourn 12:30pm</strong></td>
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<td></td>
<td><strong>Wednesday Community Night</strong></td>
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<td></td>
<td><strong>Mackenzie Phillips</strong></td>
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<td><strong>5:30PM-7:30PM</strong></td>
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</table>

ASADS will provide lunch each day for participants who are staying the entire day. Lunch will **NOT** be provided for participants who attend a one (1) half day course in a single day.
OPENING SESSIONS

Tuesday: 8:15 - 9:15am  Substance Abuse Treatment and Trends for Women and Girls in Confinement Settings

Presenter(s): Dr. Wendy Williams, Ed.D. and Mara Dodson, M.B.A.
This presentation will focus on the pathways of women and girls entering the criminal justice system specific to substance abuse and related challenges. During this session we will discuss serving women and girls in confinement to highlight national trends and Alabama-specific trends, as well as identify barriers, promising programs, and other considerations that influence the provision of effective services and education to the population. The presentation will connect the intersectionality of trauma, mental health, and substance abuse for women and girls entering the criminal justice system.
CE: 1 hour

Wednesday: 8:15 - 9:15am  Hopeful Healing

Presenter(s): Mackenzie Phillips
In telling her story, Mackenzie will emphasize the power of hope in healing from trauma and addiction. Along with practical application of healing techniques. A journey from hopeless to hopeful, using stories of her life, and her work in addiction and trauma recovery, to bring new life to a wounded population. She presents the wisdom she gained from her own personal journey through addictions and her understanding of practical treatment from her work as a rehabilitation counselor.
CE: 1 hour

Thursday: 8:15 - 9:15am  Human Trafficking: The New Face of Slavery

Presenter(s): Pat McCay, BA, BS and Barbara Fowler
This presentation will define what human trafficking is including sex and labor trafficking. The presentation will cover who are the most vulnerable and where human trafficking happens. Participants will gain a better understanding of Alabama's interstate system and how it plays an important role in human trafficking. The presentation will discuss what a trafficker looks like, Alabama laws against human trafficking; diminishing demand; and how to report suspicious situations. Participants will view a short film created by Fowler Davis Entertainment and Red Sky Studios called “Hidden Gem”. “Hidden Gem” was inspired by actual events, that provides a small glimpse into the world of human trafficking.
CE: 1 hour

Friday: 8:15- 9:15am  High in Plain Sight: Current Alcohol, Drug, and Concealment Trends and Identifiers

Presenter(s): Jermaine Galloway, B.S.
This workshop is for educators, prevention providers, coalition members, law enforcement, probation officers, school administration, treatment, counselors, and parents. This workshop covers alcohol and drug clothing, alcoholic energy drinks, alcopops, alcohol and drug concealment methods and containers, drug paraphernalia, drug related music and groups, logos, stickers, new technology, youth party tendencies, party games, non-traditional alcoholic beverages, social networking sites, synthetic drugs, OTC drugs, inhalants, marijuana concentrates, E-cigarettes, and popular party drugs, including: opioids, Adderall, and ecstasy. This session can also cover common stash compartments that can be used to hide weapons inside everyday clothing containers and other items, in addition to the impact on traffic safety.
CE: 1 hour
Participants need to select a first and second choice for the course they desire to attend on a specific day. The ASADS Board will work diligently to accommodate your need. However, courses are on a first come, first served basis and, occasionally the course may be full. Additionally, please be aware when selecting courses, do not select a course that overlaps another course.

**HALF DAY COURSES**

<table>
<thead>
<tr>
<th>Course No.</th>
<th>TUESDAY 9:30am – 12:30pm (3 hours)</th>
<th>Course No.</th>
<th>TUESDAY 1:30pm-4:45pm (3 hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>TAM1</td>
<td>Ethical Considerations When Working with Juvenile Offenders, Pornography and How It Effects Our Youth</td>
<td>TPM1</td>
<td>Adult and Child and Adolescent Mental Health Resources in the Community/Continuum of Care</td>
</tr>
<tr>
<td>TAM2</td>
<td>To CBD or Not to CBD: That is the Question? The Neuroscience of CBD Oils</td>
<td>TPM2</td>
<td>The Good, Bad, and Ugly of Ketamine: Is Special K Really Special?</td>
</tr>
<tr>
<td>TAM3</td>
<td>Pregnancy and Substance Abuse</td>
<td>TPM3</td>
<td>Latest Research in Stimulants and Designer Drugs</td>
</tr>
<tr>
<td>TAM4</td>
<td>Promising Practices and Barriers to Addressing Substance Abuse in Female Facilities in the State of AL</td>
<td>TPM4</td>
<td>E-cigarette Use and Vaping: An Emerging Public Health Epidemic</td>
</tr>
<tr>
<td>TAM5</td>
<td>Prevention Partner</td>
<td>TPM5</td>
<td>Ethical Considerations for the Substance Abuse Treatment Providers</td>
</tr>
<tr>
<td>TAM6</td>
<td>Gen Z Marketing: Engaging the Next Generation</td>
<td>TPM6</td>
<td>Resistance versus Non-Compliance in Treatment</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Course No.</th>
<th>WEDNESDAY 9:30am – 12:30pm (3 hours)</th>
<th>Course No.</th>
<th>WEDNESDAY 1:30pm-4:45pm (3 hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>WAM1</td>
<td>Positive Ethics: How Ethics Can Improve Our Wellbeing</td>
<td>WPM1</td>
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</tr>
<tr>
<td>WAM2</td>
<td>Methamphetamine: The Addicted, The Addiction and Recovery</td>
<td>WPM2</td>
<td>Becoming Whole: Living a Life of Forgiveness, Tolerance, Humility and Gratitude</td>
</tr>
<tr>
<td>WAM3</td>
<td>How Shame Keeps Us Sick: Work for Addictions Professionals and Their Clients</td>
<td>WPM3</td>
<td>Question, Persuade, Refer (QPR)</td>
</tr>
<tr>
<td>WAM4</td>
<td>Dealing with Addiction and the Need to Treat Chronic Pain: The Need to Treat the Entire Patient</td>
<td>WPM4</td>
<td>Addiction Treatment and the Challenges of Caring for Patients in an Acute Pain Setting</td>
</tr>
<tr>
<td>WAM5</td>
<td>Sexually Exploited and Trafficked Youth</td>
<td>WPM5</td>
<td>Trauma-Informed and Co-Occurring Capable Care</td>
</tr>
<tr>
<td>WAM6</td>
<td>Current Juvenile Drug Trends</td>
<td>WPM6</td>
<td>Celebrate Recovery’s Role in the Opioid Crisis</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Course No.</th>
<th>THURSDAY 9:30am – 12:30pm (3 hours)</th>
<th>Course No.</th>
<th>THURSDAY 1:30pm-4:45pm (3 hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>THAM1</td>
<td>Human Trafficking Panel</td>
<td>THPM1</td>
<td>SMART Recovery Primer [Self-Management Addiction Recovery Training]</td>
</tr>
<tr>
<td>THAM2</td>
<td>Understanding and Recovering from Cannabis (Cannabinoid) Use Disorder</td>
<td>THPM2</td>
<td>The Science of Recovery: An Advanced Clinical Seminar on Addiction and Recovery</td>
</tr>
<tr>
<td>THAM3</td>
<td>Using Strength-Based Approaches to Empower, Encourage and Engage Women in Substance Use Disorder Treatment: Being Gender Responsive and Culturally Sensitive</td>
<td>THPM3</td>
<td>Ethics for the Substance Abuse Prevention Professional</td>
</tr>
<tr>
<td>THAM4</td>
<td>Vital An Integrated Healthcare Approach</td>
<td>THPM4</td>
<td>The Impact of Compassion Fatigue in Peer Support Work</td>
</tr>
<tr>
<td>THAM5</td>
<td>Clearing the Gray Areas; Ethical Dilemmas Addressed in Clinical Supervision</td>
<td>THPM5</td>
<td>Shared Decision-Making Overview</td>
</tr>
</tbody>
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### HALF DAY COURSES

| Course No. | FRIDAY  
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td></td>
<td><strong>9:30am – 12:30pm (3 hours)</strong></td>
</tr>
<tr>
<td>FAM1</td>
<td>HIV and Co-Occurring Disorders: Integrating Behavioral Health Services in Primary Care and Medical Specialty Clinics</td>
</tr>
<tr>
<td>FAM2</td>
<td>High in Plain Sight: Current Alcohol and Drug Culture, Trends, and Identifiers</td>
</tr>
<tr>
<td>FAM3</td>
<td>First Episode of Psychosis: A Look Within</td>
</tr>
<tr>
<td>FAM4</td>
<td>Ethical Dilemmas in the Digital Age</td>
</tr>
<tr>
<td>FAM5</td>
<td>The Intersection between Homelessness, Substance Abuse, and Human Trafficking</td>
</tr>
<tr>
<td>FAM6</td>
<td>Peer Voice In-Person Training</td>
</tr>
<tr>
<td>FAM7</td>
<td>A Walk-Through Alabama Opioid Treatment Program (OTP)</td>
</tr>
<tr>
<td>FAM8</td>
<td>Counseling and Teaching Recovery from Addiction to Gang Members Mandated to Attend Treatment</td>
</tr>
<tr>
<td>FAM9</td>
<td>Reconciling Faith, God, and the Addiction to Ministry</td>
</tr>
<tr>
<td>FAM10</td>
<td>Brief Negotiated Interview 101</td>
</tr>
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### FULL DAY COURSES

| Course No. | TUESDAY  
<table>
<thead>
<tr>
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<tbody>
<tr>
<td></td>
<td><strong>9:30am-4:45pm (6 hours)</strong></td>
</tr>
<tr>
<td>T1</td>
<td>De-escalating Anger and Potential Violence: Management of Anger and Aggression</td>
</tr>
<tr>
<td>T2</td>
<td>Merging Motivational Interviewing and Experiential Therapy: An Active Guiding Style</td>
</tr>
<tr>
<td>T3</td>
<td>Chemical Dependency: A Multidimensional Discussion of a Multidimensional Problem</td>
</tr>
<tr>
<td>T4</td>
<td>Transgender Adolescents</td>
</tr>
</tbody>
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| Course No. | WEDNESDAY  
<table>
<thead>
<tr>
<th></th>
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<tbody>
<tr>
<td></td>
<td><strong>9:30am-4:45pm (6 hours)</strong></td>
</tr>
<tr>
<td>W1</td>
<td>Neuroscience of Addiction: The Fundamentals of Treatment “KNOW SCIENCE NO STIGMA”</td>
</tr>
<tr>
<td>W2</td>
<td>Greater Than A Mother’s Love: How Opioids and Heroin Hijack the Brain</td>
</tr>
<tr>
<td>W3</td>
<td>Foundations of Substance Abuse</td>
</tr>
<tr>
<td>W4</td>
<td>Suicide Risk Assessment Training</td>
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| Course No. | THURSDAY  
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<tbody>
<tr>
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<td><strong>9:30am-4:45pm (6 hours)</strong></td>
</tr>
<tr>
<td>TH1</td>
<td>Facilitated Growth: Experiential Activities for Recovery and Wellness</td>
</tr>
<tr>
<td>TH2</td>
<td>The Pharmacist’s Guide to Opioid Use Disorders</td>
</tr>
<tr>
<td>TH3</td>
<td>What Clinicians Need to Know About Telemental Health from a Treatment, Digital Marketing, and Ethical Perspective</td>
</tr>
<tr>
<td>TH4</td>
<td>The Feral Children of the Opioid Epidemic: A Jungian Perspective About the Impact of the Opioid Epidemic on Addicts’ Children</td>
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**NO FULL DAY COURSE ON FRIDAY**
TUESDAY HALF DAY COURSES
9:30am-12:30pm

TAM1: Ethical Considerations When Working with Juvenile Offenders, Pornography and How It Affects Our Youth

Presenter:
Wes Wiginton, MS, LPC, CJSOTS

Course Description:
The workshop defines three ethical considerations when dealing with Juvenile Sex offenders. The three ethical considerations are punishment, mandatory reporting, and assessments. The workshop also looks at normative behaviors, concerning behaviors, and very concerning behaviors. The workshop will also discuss facts and myths about this population and how pornography impacts this population. Finally, the workshop will show some differences between juvenile offenders and adult offenders’ behavior and how schools are dealing with this population. The course will also deal with how pornography affects our youth and what research is available on how pornography affects the brain. CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:
- learn the definition of a juvenile offender and learn new terminology;
- identify ethical considerations when working with this population;
- understand normal, concerning, and very concerning behaviors;
- learn how social media and pornography play a role in dealing with this population; and
- develop school polices and treatment.

TAM2: To CBD or Not to CBD: That is the Question? The Neuroscience of CBD Oils

Presenter:
Merrill Norton, Pharm.D., D.Ph., ICCDP-D

Course Description:
With the legalization of cannabis products (THC and CBD) for medical and recreational purposes in many states and with a majority of US citizens advocating for the legal right to consume these products, the use of THC and CBD products will increase and may impact the human brain in many ways. The human brain can experience multiple complications with regular use of cannabis products and the long-term effects of these complications are unknown. Are CBD oils beneficial or do they cause long term dysfunctions of the central nervous system? Now we know CBD as cannabidiol, an organic compound derived from the hemp and cannabis plants. We find it in health food stores and other shops. In pills and tinctures. Salves and creams. Chocolate bars, honey sticks, energy bars, sleeping masks and coffee, among many other things. And as the CBD boom continues to crest, we will encounter the substance in increasingly more products and outlets. This presentation will introduce the audience to the neuroscience of CBD oils, their benefits, and adverse drug effects. CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:
- evaluate medical cannabinoid products and their beneficial potential;
- contrast the various legalization processes of medical cannabinoids in the US;
- formulate the profile of adverse drug effects of CBD oils; and
- discuss updated prescribing models for medical cannabinoids in the US.
TAM3: Pregnancy and Substance Abuse
Presenter:
Alta DeRoo, MD, FACOG, FASAM

Course Description:
Explore the effects of substance use disorders in pregnancy. We will explore the mechanism of action of the medications and how they affect babies in utero. We will also explore the medications available to treat patients while pregnant and how to effectively counsel your patients regarding the risks/benefits/alternatives to treatment options. We will specifically examine opioids, alcohol, marijuana, methamphetamine, cocaine and kratom. **CE: 3 hours**

Course Objectives:
After attending the course, a participant will be able to:
- determine risks/benefits and alternatives to treatment of substance use disorders in pregnancy;
- learn the latest research regarding substance use in pregnancy; and
- understand the effects of stimulants, marijuana, opioids and fetal effects of babies in utero.

TAM4: Promising Practices and Barriers to Addressing Substance Abuse in Female Facilities in the State of Alabama

Presenters:
Dr. Wendy Williams, Ed.D.
Mara Dodson, M.B.A.

Course Description:
In this workshop, experts from The Moss Group and Alabama Department of Corrections proposes providing participants with a deeper dive into the issue of gender-specific treatment and services for females in confined settings. The workshop will build off of the plenary session and provide more in-depth data and trends related to Alabama women offenders to include how women are classified and identified as needing substance abuse treatment, program models employed, and the challenges of finding gender-responsive programs specifically designed for women. Other unique challenges will be discussed such as sober living while offenders are in work release, contraband and drug issues within prisons, and operational and security challenges that are unique to providing substance abuse treatment inside prisons. This workshop will be interactive to include opportunities for discussion and questions. **CE: 3 hours**

Course Objectives:
After attending the course, a participant will be able to:
- understand the implications of the ADOC Women’s Services’ mission to provide gender-responsive services and programs as it relates to substance abuse treatment and response;
- identify unique operational and security considerations that influence substance abuse services and treatment in prison settings; and
- learn about the current treatment programs offered in ADOC female facilities and the promising outcomes of the programs.

TAM5: Prevention Partner

Presenters:
Carie Wimberly, B.S.
Mike Vest, B.A.
Art Wimberly
John Steakely

Course Description:
There is no denying that addiction impacts workplaces and businesses all around the country. Of adults with a substance use disorder, approximately 12 million (60%) are employed full-time. In a business of 500 people, there are likely over 50 alcoholics, more than 30 with other substance use problems, and many more with compulsive mental
health issues. In addition to higher absenteeism and lower job productivity and performance, substance use disorders also lead to greater health care expenses for injuries and illnesses. This program will provide wellness and prevention to protect employees from moving toward addiction and help them live and work in an effective and resilient manner. In addition, in the seminars we provide valuable prevention information for parents and caregivers. Tools and strategy tips from Pre-K through college age to give our children every chance to choose to stay drug and alcohol free during their growing up years. Lastly, a discussion and information package containing tons of follow up information as well as a comprehensive list of local resources is provided to all attendees. **CE: 3 hours  Non NBCC**

**Course Objectives:**
After attending the course, a participant will be able to:
- learn how to empower health consciousness;
- understand substance use disorder (SUD);
- learn what prevention is;
- learn about the toolbox for parents and other caregivers;
- learn techniques of how to talk to someone you are concerned about; and
- learn about the resources in your area.

**TAM6: Gen Z Marketing: Engaging the Next Generation**

**Presenter:**
Jerria Martin, M.Div, BA

**Course Description:**
As Millennials are getting older, the Generation Z population is growing, and growing fast. Gen Zers, ages 19 and under, currently make up more than a quarter of America’s population, and are projected to account for 40% of all consumers by 2020. Thus, businesses are already spending millions of dollars on Gen Z marketing. Experts have noted that when marketing to Gen Z; they shouldn’t be lumped in with Millennials. Therefore, prevention leaders need to understand who Gen Zers are, and how to use coalition tools to customize their Gen Z marketing strategies accordingly. If your target audience happens to include youth and young adults, this means that you must have a unique, individualized marketing plan, specific to your community, to aide regularly in your prevention efforts, and more importantly, you must learn to constantly shift platforms accordingly, in order to successfully engage and involve young people. This session will provide you with tips and tricks for engaging with young people, using creative marketing strategies to better address substance use. In addition, practical and innovative examples developed by and for youth will be shared. **CE: 3 hours  Non NBCC**

**Course Objectives**
After attending the course, a participant will be able to:
- understand the psychology of marketing, emphasizing the platforms that attract and strategically engage millions of young people every day; and
- learn strategies to organize creative marketing campaigns that are culturally and socially relevant to a specific community.
TPM1: Adult and Child & Adolescent Mental Health Resources in the Community/Continuum of Care

Presenters:
Richetta Muse, MSW
Marsha Gonzales, MS, BA

Course Description:
This course is designed to provide all participants with knowledge of ADMH (Alabama Department of Mental Health) resources as well as our continuum of care for children, adolescents and adults with Serious Mental Illness and Serious Emotional Disturbances. **CE: 3 hours**

Course Objectives:
After attending the course, a participant will be able to:
- learn about the services and resources available for adults meeting the SMI (Serious Mental Illness) criteria; and
- learn about the services and resources available for children and adolescents that meet the SED (Serious Emotional Disturbance) criteria.

TPM2: The Good, Bad, and Ugly of Ketamine: Is Special K Really Special?

Presenter:
Merrill Norton, Pharm.D., D.Ph., ICCDP-D

Course Description:
Ketamine has been approved recently for the treatment of resistant depression and suicidality. How can this be? Ketamine is considered a dissociative anesthetic (other examples of this drug are PCP and DXM) which means that the drug distorts the user’s perception of sight and sound and produces feelings of detachment from the environment and oneself. The drug also has anesthetic properties that have been used in both human and veterinary medicine and is currently a Schedule III controlled substance. For humans it has been used in radiation and burn therapy, treatment of battlefield injuries, and for children who have adverse reactions to other anesthetics. Ketamine is generally preferred in many of these instances because it does not have as deep a sedative effect as other medications. Is Special K really special and is it the revolution in treating depression? This presentation will take participants through the controversial history of ketamine and look at ketamine’s abuse potential and its new medical indications. **CE: 3 hours**

Course Objectives:
After attending the course, a participant will be able to:
- learn the torrid history of ketamine from the 1960’s until the present;
- gain an understanding of ketamine’s many abusable formats and the consequences of ketamine abuse; and
- develop insight into ketamine’s newest medical uses and its therapeutic outcomes.

TPM3: Latest Research in Stimulants and Designer Drugs

Presenter:
Alta DeRoo, MD, FACOG, FASAM

Course Description:
We will review the recent impact of widespread stimulant use among our population in the US and Alabama. Specifically, we will cover methamphetamines, cocaine, Kratom and other designer drug with the mechanism of stimulation and the effects on the brain. We will also review the latest research for treating stimulant use disorder including pharmacological and behavior treatment. **CE: 3 hours**
Course Objectives:
After attending the course, a participant will be able to:
- learn the mechanism of action of cocaine, methamphetamines, Kratom and designer stimulants on the brain;
- learn the most recent pharmacologic treatment, including experimental, to treat stimulant use disorder;
- learn the cognitive behavior therapies that best treat a patient with stimulant use disorder; and
- learn the long-term effects of stimulant abuse on the brain.

TPM4: E-cigarette Use and Vaping: An Emerging Public Health Epidemic

Presenter:
Fayette Royal, MA

Course Description:
E-Cigarette use and vaping has become a growing trend among high school students and young adults. Since 2018, 20.8% of all high school students use e-cigarettes, also known as vapes and often referred to as vamping. Vaping is the act of inhaling an aerosol created by an e-cigarette or similar device. The term "vaping" misleads the user into thinking they are inhaling a vapor and something potentially safe or at least harmless. This course helps dispel such misconceptions and highlights specific risks such as nicotine addiction for youth who try vaping and e-cigarettes.

CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:
- obtain a clear definition and understanding of what E-cigarettes are;
- obtain knowledge of the various types of e-cigarettes or vaping products, what’s really in these products;
- understand the known and potential risks of E-cigarettes/vape devices and pod systems (i.e. JUUL);
- learn methods to screen and counsel patients and families affected by vaping;
- identify useful resources for tobacco-use patients to quit; and
- learn about the laws and regulations protecting youth from purchasing E-cigarettes/vape pen

TPM5: Ethical Considerations for the Substance Abuse Treatment Providers

Presenter:
Zach Ludwig, LPC, MHSP

Course Description:
This course provides ethics and professional boundary information for providers who treat substance use disorders. In addition to discussions on responding to common ethical and boundary dilemmas, topics include informed consent, mandated reporting laws, HIPAA, and 42 CFR Part 2. This course provides content relevant for the treatment of adult and adolescent clients. CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:
- understand the importance of an ethical code and what value this brings to practice and clients;
- define ethics and use in practice including differentiation between ethics and values/morals;
- compare/contrast 42 CFR and HIPAA and will be able to identify times when confidentiality is waived;
- explore dilemmas and responsibilities that arise commonly when treating minor clients;
- identify common legal and ethical issues for all helpers;
- gain knowledge about dual relationships, competency, professional boundaries, and use of self-disclosure;
- understand the decision-making model and will apply to multiple vignette examples; and
- identify ethical issues associated with communication technology and practical ways to reduce risk of legal/ethical violations using these means of communication.
TPM6: Resistance Versus Non-Compliance in Treatment

Presenter:
Brandy Klingman, LCSW-BACS

Course Description:
Many clinicians experience the resistance or non-compliant patient either in private practice or in an agency setting. This can be a very challenging experience for both the therapist and the patient and can often result in an unnecessary termination of the relationship or treatment. The goal of this session is to create awareness and interventions for the resistant or non-compliant patient and to explore the root causes and differences between the two types of patients.

CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:

- define resistance and noncompliance and the difference between the two;
- identifying potential behaviors associated with both resistance and noncompliance and potential reasons/causation of these behaviors;
- understand the clinician’s counter transference when working with the patient;
- identifying and reviewing potential application of clinical/psychotherapeutic intervention for these behaviors to create movement for the struggling patient; and
- review literature that supports interventions and defines reasons for resistance and noncompliance.

WEDNESDAY HALF DAY COURSES

9:30am-12:30pm

WAM1: Positive Ethics: How Ethics Can Improve Our Wellbeing

Presenter:
Patrick Faircloth, Ph.D., LPC-S

Course Description:
Through a lecture and Socratic reasoning process participants will be familiarized with the difference between traditional ethics and the positive ethics movement. The following areas will be addressed: Virtue Ethics, Consequentialism or a Utilitarian Ethics, Deontology Ethics, Basic Moral Principles to guide decision making, the history of positive ethics, elements of positive ethics and the aim of positive ethics. Additionally, participants will be familiarized with key terms used in ethical decision making and Mental Health. A positive ethics decision making model will be presented. Participants will then engage in using a model to address hypothetical vignettes and demonstrate their decision process by using a provided template for documentation. Participants will also engage in small group discussions about wellness, positive ethics and personal blind spots, all of which can lead to assessing personal wellness.

CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:

- understand the various types of ethics including positive ethics, an ethical decision model, and concepts of mental health;
- engage in using a positive ethical decision model to address hypothetical vignettes; and
- demonstrate their ability to use a positive ethical decision model to expose and work through personal blind spots, move toward greater wellness and document their decision process from an interpersonal and psychosocial perspective.
WAM2: Methamphetamine: The Addicted, The Addiction and Recovery

Presenter:
Cardwell C. Nuckols, Ph.D.

Course Description:
Methamphetamine is a drug of rapid addiction and destruction. This skills training event will focus on the impact of methamphetamine and how this powerful drug changes the brain of the user—a process called addiction. Using a developmental approach, attendees will experience an awareness of how the prefrontal cortex develops. Clinical approach and resulting technique will be presented. These approaches and techniques involve both group and individual strategies utilized to enhance neuro-plastic growth of the prefrontal cortex. Lastly, treating methamphetamine is in many ways different than treating alcoholism. This skills training event will give participants a clear picture of the process of recovery. Time lines and stages of recovery will be explored noting the pitfalls that must be overcome along the way. CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:

• list three physiological and/or psychological consequences of methamphetamine toxicity;
• describe the process of recovery and its various stages and symptoms;
• discuss various treatment options utilized to neuro-plastically develop the prefrontal cortex;
• describe the role of environment and spirituality in the recovery process; and
• discuss the developmental problems and resulting need for habilitation often encountered in the methamphetamine addict.

WAM3: How Shame Keeps Us Sick: Work for Addictions Professionals and Their Clients

Presenter:
Cary Hopkins Eyles, M.A., CAP

Course Description:
Shame is the fear that we are not good enough to be accepted. Those things we have done, said, or are will make us disconnected from others. It is a critical part of the cycle of addiction and influences client behavior, the recovery process, and relapse. Shame is rarely discussed, and it thrives in silence. I will discuss in this session how we as addiction professionals can become comfortable raising issues of shame, shining a light on what shame we may be carrying, and how we can safely work with clients on their shame. I will review the difference between guilt and shame—terms which have been, I believe wrongly and maybe even dangerously, used to mean the same thing. I will also share the 4 elements of Shame Resilience Theory to help professionals (who can therefore help their clients) to build resilience by connecting with their authentic selves and cultivating meaningful relationships with other people. This includes moving towards empathy, courage, and compassion and away from fear, blame, and disconnection. The talk will be spirited with examples, stories, and ways to engage the audience in their personal and professional experiences and motivate them in their work. CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:

• be energized, feel ready for the rest of the conference day, and will feel greater motivation in their line of work;
• recognize some personal shame triggers and how those might be affecting them personally and professionally;
• begin to be more comfortable raising issues of shame in sessions with clients and safely addressing those issues; and
• understand the 4 elements of Shame Resilience Theory (Brene’ Brown, PhD).
WAM4: Dealing with Addiction and the Need to Treat Chronic Pain: The Need to Treat the Entire Patient

Presenter:
John Dombrowski, MD, FASA

Course Description:
We clearly see the ravages of aggressive pain medication in the late 90s in treating patients with chronic pain. Many patients are having sequelae of being on powerful opiate medications. However, these patients did start out with a chronic pain issue requiring opiate-based management. Now that opiates are controversial and this patient clearly demonstrates addiction, how can we move forward as a medical community in caring for the pain needs of that patient? As a physician anesthesiologist who is board certified in anesthesia, pain medicine and addiction this talk will give insight on other medications that are used to address pain that have fewer addiction potential. The audience will also appreciate the complexity from a biopsychosocial aspect of patients with chronic pain. Finally, we will discuss specific treatment options for the diagnoses and specific treatment of chronic pain issues. CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:
• understanding chronic pain how it affects both physiology and psychology of the patient;
• understanding appropriate medications that have less are no addictive potentials for patients with chronic pain;
• understanding the value of co-analgesic medications and multimodal medications in the treatment of chronic pain; and
• understanding the value of injection therapy and spinal cord stimulation for patients with chronic pain.

WAM5: Sexually Exploited and Trafficked Youth

Presenters:
Stefania Agliano, LMSW
Bryan Hall, LCSW

Course Description:
Youth serving organizations inclusive of large child welfare and juvenile justice agencies throughout the United States have demonstrated a fierce commitment to addressing sexual exploitation and trafficking within our borders. This atrocious, multi-layered form of abuse is threatening the children that we as practitioners and first responders aim to protect, serve and heal every day. The goal of this presentation is to enhance awareness of the commercial sexual exploitation of children in the United States in the hopes of identifying youth who are at risk for exploitation or who are in dire need of rescue. CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:
• define sexual exploitation and associated terms;
• describe the scope of sex trafficking and exploitation of children that is occurring throughout the United States;
• list the various ways in which trafficking can occur;
• identify victim vulnerabilities;
• explain the tactics used by traffickers to exploit and sell children; and
• identify strategies to implement identification of and response to potential victims and perpetrators.

WAM6: Current Juvenile Drug Trends

Presenter:
Captain Clay Hammac, M.B.A

Course Description:
Captain Clay Hammac will identify current drug trends across the state of Alabama and focus specifically on the hierarchy of drug experimentation and resultant misuse and addiction. Captain Hammac will utilize photographs of actual drug evidence seized from law enforcement and share first-hand enforcement knowledge of the growing threats
to students and young adults. The presentation will also focus on marijuana and the "social norming" that is taking place among teens and young adults. Captain Hammac then focuses on juvenile drug deals that take place on social media apps, in addition to the relaxed perception many teens and young adults have about the true dangers associated with the misuse of illicit drugs such as LSD, prescription barbiturates, benzodiazepines, and prescription amphetamines.

**CE: 3 hours**

**Course Objectives:**
After attending the course, a participant will be able to:

- bring awareness of current and evolving drug trends across the state of Alabama, from the perspective of a narcotics investigator;
- be able to identify drugs; and
- understand marijuana and the "social norming" that is taking place among teens and young adults;

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**WEDNESDAY HALF DAY COURSES**

1:30pm – 4:45pm

**WPM1: Positive Ethics: How Ethics Can Improve Our Wellbeing**

**Presenter:**
Patrick Faircloth, Ph.D., LPC-S

**Course Description:**
Through a lecture and Socratic reasoning process participants will be familiarized with the difference between traditional ethics and the positive ethics movement. The following areas will be addressed: Virtue Ethics, Consequentialism or a Utilitarian Ethics, Deontology Ethics, Basic Moral Principles to guide decision making, the history of positive ethics, elements of positive ethics and the aim of positive ethics. Additionally, participants will be familiarized with key terms used in ethical decision making and mental health. A positive ethics decision making model will be presented. Participants will then engage in using a model to address hypothetical vignettes and demonstrate their decision process by using a provided template for documentation. Participants will also engage in small group discussions about wellness, positive ethics and personal blind spots, all of which can lead to assessing personal wellness.

**CE: 3 hours**

**Course Objectives:**
After attending the course, a participant will be able to:

- become familiar with various types of ethics including positive ethics, an ethical decision model, and concepts of mental health;
- engage in using a positive ethical decision model to address hypothetical vignettes;
- demonstrate their ability to use a positive ethical decision model to expose and work through personal blind spots, move toward greater wellness and document their decision process from an interpersonal and psychosocial perspective.

**WPM2: Becoming Whole: Living a Life of Forgiveness, Tolerance, Humility and Gratitude**

**Presenter:**
Cardwell C. Nuckols, Ph.D.

**Course Description:**
To become whole is to live a life of freedom; to be in this world but not of it. As long as we are prideful and attached to anger in the form of resentments, we can never truly enjoy the peace and beauty of creation. Without tolerance and humility, we can never truly “let go”. Your worldview determines how you think, feel and behave at any moment in time. Spiritual development involves radical changes in worldview. Like climbing a mountain, the world looks different
the higher you climb. However, the world has not changed-only the way you see it. The goal of this sobhet (spiritual conversation) is to allow participants to view themselves and the world with greater clarity. It is this clarity that heals releasing defects of character and creating greater wholeness and freedom. **CE: 3 hours**

**Course Objectives:**
After attending the course, a participant will be able to:
- discuss how our worldview is developed;
- describe how your worldview determines the way you think, feel and behave;
- describe how the spiritual process changes us neurobiologically; and
- discuss how worldview changes created by a spiritual program such as 12 Step Recovery can help us see ourselves and others with greater clarity (less defensiveness).

**WPM3: QPR: Question, Persuade, Refer (QPR)**

**Presenters:**
David Coombs, A.B., Ph.D., M.P.H.
Belinda Kock, M.Ed., NCC

**Course Description:**
QPR (Question, Persuade, and Refer) Gatekeeper Training for Suicide Prevention is an educational program designed to teach lay and professional "gatekeepers" the warning signs of a suicide crisis and how to respond. Gatekeepers can include anyone who is strategically positioned to recognize and refer someone at risk of suicide (e.g., parents, friends, neighbors, teachers, coaches, caseworkers, police officers). The process follows three steps: (1) Question the individual's desire or intent regarding suicide, (2) Persuade the person to seek and accept help, and (3) Refer the person to appropriate resources. Trainees receive a QPR booklet and wallet card as a review and resource tool that includes local referral resources. **CE: 3 hours**

**Course Objectives:**
After attending the course, a participant will be able to:
- learn the warning signs of suicidal thoughts;
- learn how to respond to someone at risk, in order to get them help;
- understand the three steps and how to use them.

**WPM4: Addiction Treatment and the Challenges of Caring for Patients in an Acute Pain Setting**

**Presenter:**
John Dombrowski, MD, FASA

**Course Description:**
With the increase recognition of substance use disorder many patients are referred to medical assisted treatment. This treatment, while it assists the patient and their sobriety, can be challenging to the anesthesia care team. How does one balance the need to treat acute pain with ongoing addiction? **CE: 3 hours**

**Course Objectives:**
After attending the course, a participant will be able to:
- understand the need and value of medical assisted treatment;
- understand how these medications while maintaining the patient sobriety can affect the inability to care for acute pain such as postoperative pain;
- understand how to balance the need for acute pain management with the risk of causing further relapse of addiction; and
- understand the need to coordinate care for these patients with the medical team.
WPM5: Trauma-Informed and Co-Occurring Capable Care

Presenter:
Cary Hopkins Eyles, M.A., CAP

Course Description:
We know our clients come to us with an array of complex issues. They have experienced trauma in most cases. They are frequently juggling both substance use and mental health disorders. In addition to housing, legal, and other challenges pulling at their time, attention, and resources. We want to be trauma informed and co-occurring capable but how can we when there are so many competing demands? What if we are not mental health experts? This course will simplify many of these issues and help put foundations in place in our clinical practices and organizations to address these complex and critical issues. **CE: 3 hours**

Course Objectives:
After attending the course, a participant will be able to:
- understand trauma informed and co-occurring capable care and why they are so important with addiction clients;
- gain specific tools on how to make your practice as a professional trauma informed and co-occurring capable; and
- develop practical ideas to bring back to your organization to improve the trauma informed and co-occurring care being provided.

WPM6: Celebrate Recovery's Role in the Opioid Crisis

Presenter:
Mikki McMillan, BS

Course Description:
We will introduce the participant to the Celebrate Recovery Program. We will also make the participant aware of how the substance abuse counselor all the way to the clinician, can utilize this program in their treatment process. This program is Christ Based and allows the addict and their family to join a community of people who will love and accept them right where they are. It will also introduce the addict and their family to the saving hope of Jesus Christ. **CE: 3 hours**

Course Objectives:
After attending the course, a participant will be able to:
- gain awareness of our program and how it works;
- learn how to incorporate this program into their treatment and prevention strategies; and
- learn how to introduce the addict and their family to the program.

THURSDAY HALF DAY COURSES
9:30am-12:30pm

THAM1: Human Trafficking Panel

Presenters:
Lynn Caffery, MPA/BSCIA/HS  Lt. Darren Beams
Melissa Peters, MD, FAAP, FACEP  Patricia McCay, B.S.B.A.
Audrey Jordan  Amy Wagar, MA
Leann White  Barbara Fowler
Doug Gilmer  Carrie Hill
Course Description:
Human sex trafficking is the fastest growing crime in America and has become a national crisis. There is often confusion on what “human trafficking” means and who is affected. You are invited to a panel discussion that explores the dimensions of human sex trafficking and the ways it is being conceptualized and addressed. An expert panel will discuss the present situation, prevention strategies, rescue and restoration of victims, and prosecution of perpetrators. The audience will hear personal stories from a survivor and prevention specialist, prosecutors, a child abuse pediatrics physician, an advocate from the local faith community, local law enforcement/human trafficking task force leader, and an agent with Homeland Security Investigations. CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:
- understand what human trafficking is, how and where it occurs;
- recognize the signs and red flags of human trafficking;
- understand who the most vulnerable are for human trafficking;
- how to identify a victim and safely report suspicious behavior;
- understand the different ways a victim can be exploited;
- learn why a victim doesn’t just “leave” their trafficker;
- understand what life contributing factors are for a victim;
- learn what victim services are available in Alabama;
- learn how law enforcement is addressing "Demand";
- understand how law enforcement uses a victim-centered approach;
- learn how traffickers use fraud, force and coercion on their victims;
- learn the difference between state and federal prosecution; and
- understand community awareness and what educational training is available.

THAM2: Understanding and Recovering from Cannabis (Cannabinoid) Use Disorder

Presenter:
Cardwell C. Nuckols, Ph.D.

Course Description:
Marijuana is the most commonly used illicit substance with 7% of the US population admitting to current use. Now compare this number to the less than 1% of the American population using heroin, cocaine and methamphetamine. Complicating this picture is the national trend toward using marijuana as a medication for numerous diseases and disorders THC content in marijuana is routinely in double digits and the various concentrated forms can be as high as 90%. Add to this the long-and getting longer-list of synthetic cannabinoids and it is no wonder crisis centers are seeing so many problems such as psychosis, mania and extreme anxiety. CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:
- discuss the neurobiology of marijuana (cannabis) use and addiction;
- describe the evidence-based psychotherapeutic approaches helpful in the treatment of Cannabis Use Disorder;
- discuss the evidence regarding the use of marijuana (THC and CBD) as medicinal agents; and
- describe the short and long-term health effects of cannabis and related cannabinoid use.
THAM3: Using Strength-Based Approaches to Empower, Encourage and Engage Women in Substance Use Disorder Treatment: Being Gender Responsive and Culturally Sensitive

Presenter:
Dawn Tyus, LPC, MAC, NCC

Course Description:
In the current landscape of substance abuse treatment, there has been a significant increase in awareness of gender-specific issues, as related to the treatment of women of all races, cultures and socioeconomic levels. This insightful workshop will address the demands of providing treatment to women. Women face unique issues during treatment and early recovery. This course will help professionals to be equipped with as many tools as necessary to provide quality treatment and compassion to this population. This will be followed by a discussion of the various clinical tools that can be used to give women the best opportunity for long term recovery. Facts and statistics based on current research will be utilized to analyze the barriers to treatment that women experience. This thought provoking, didactic training will be filled with exercises, clinical tools, role-playing and discuss the many obstacles that exist and challenges the success of women in treatment and recovery. Although many of the roadblocks are often unintentional, they still exist. Research demonstrates, that culturally there are certain things that women must have to be successful in treatment and recovery. This presentation is designed to educate the workforce on how to culturally encourage, empower and engage women and their gender-specific needs. This class will include an interactive class session incorporating activities/case studies of women of different races and backgrounds will be analyzed and discussed. This will allow a sharing of thought processes and ideas as a group, which, in turn, will help trainees to practice utilizing the new knowledge acquired through the training. CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:
• define sex and gender differences that culturally affect women’s experience with substance use, substance use disorder (SUD) services, and recovery;
• identify common reasons that women initiate substance use, along with risk factors and protective factors for women;
• identify common barriers/experiences to retaining women in treatment;
• define what it means for services to be gender responsive for women;
• describe the core elements of gender-responsive services for women;
• describe the importance of addressing women’s specific cultural needs;
• demonstrate clinical tools for use in practice; and
• understand strength-based techniques.

THAM4: Vital an Integrated Healthcare Approach

Presenter:
Jennifer Smith, LMSW
Paul Moon, Ph.D
Shanna McIntosh, MS, AADC

Course Description: This session will introduce participants to the SBIRT Model and Alabama Vital Initiative. Participants will gain the information, tools, skills, and resources to identify and assist patients who present in a primary care or other setting who are at risk for moderate or potentially excessive use of alcohol or other drugs and whose substance use is causing or exacerbating poor health conditions. Participants will learn best practices for service delivery and workflow for integrated healthcare implementation. 3 hours
Course Objectives:
After attending the course, a participant will be able to:
- understand the SBIRT Model and Alabama Vital initiative;
- develop an understanding of the systems that are needed to adopt a tiered service delivery model; and
- understand the process and workflow of integrated healthcare implementation.

**THAM5: Clearing the Gray Areas; Ethical Dilemmas Addressed in Clinical Supervision**

**Presenter:**
Denice Morris, MS, MEd, ADC

**Course Description:**
Most counselors and clinical support staff need a mentoring and support system, which translates into a coach, cheerleader, and wise advisor. Within that support, supervisors are asked to address and adhere to best practices as it relates to ethical and legal issues. A code of ethics is generally regarded as the standard that govern the conduct of a person. This written set of guidelines for professional behavior are developed to protect the profession, the professional, the client and society. This course is developed for supervisors and members of the substance abuse treatment field to address ethical responsibilities such as duty to warn, boundary maintenance, dual relationships and professional credibility. **CE: 3 hours**

Course Objectives:
After attending the course, a participant will be able to:
- gain a better understanding of clinical supervision for substance abuse treatment staff;
- discuss ethical and legal issues of supervision including social media involvement;
- learn how to develop individual profession plans of action; and
- develop a system of monitoring the performance of clinical and support staff.

**THAM6: HIV/AIDS/STI Update for the Prevention/Substance Abuse Professional**

**Presenter:**
Rick Meriwether, B.S.

**Course Description:**
This course will provide an overview of current developments in Sexually Transmitted Infection(s) (STIs)/HIV diagnosis & management to the lay person/professional especially those involved in the counseling & education of individuals living w/ a dual diagnosis, i.e. alcohol/drug addiction AND a STI, including HIV and/or HBV/HCV. Attendees will receive instruction on the nine most common STIs diagnosed in Alabama. Also, key Alabama laws regarding STIs/HIV will be discussed. **CE: 3 hours**

Course Objectives:
After attending the course, a participant will be able to:
- define/identify the following terms: abstinence, safer sex, risk reduction, HIV, AIDS, STI/STD, PEP, PrEP;
- conduct a brief, accurate and sensitive assessment of an individual’s sexual risk-taking behavior;
- discuss the epidemiology, clinical manifestations, diagnosis and treatment for following STIs: HIV, gonorrhea, Chlamydia, syphilis, herpes, bacterial vaginosis, venereal warts, viral hepatitis and pubic lice; and
- discuss risk reduction/behavior change theories and models as they relate to STI/HIV infection.
THPM1: SMART Recovery Primer (Self-Management Addiction Recovery Training)

Presenter:
Joseph Gerstein, MD, FACP

Course Description:
The course will focus on the SMART 4-Point Program including its scientific foundation in Cognitive Behavioral Therapy, Motivational Interviewing, Motivational Enhancement Therapy and Stages of Change. The SMART Recovery 4-Point Program has been endorsed by NIDA, NIAAA, SAMHSA, ONDCP, NADCP, EAPA, the Surgeon General and the Federal Prison System in the US, NICE in the UK and ACHRQ in Australia. During the presentation several of the SMART TOOLS will be demonstrated. The SMART Program and organization are congenial to participants’ choice to use appropriately-prescribed medications for the treatment of the addiction and/or co-occurring disorder(s). The SMART Recovery Handbook is now published in fifteen (15) languages. On its 20th Anniversary, SMART received a Presidential Citation. The Smart Recovery website receives about 2,000,000 unique visitors annually, has 300,000 registrants and provides a wide variety of interactive services including 36 weekly online meetings. The SMART Recovery Family & Friends Program provides support for the loved ones of the addicted and uses the CRAFT (Community Reinforcement and Family Training) method to help the afflicted person seek professional and/or mutual-aid help.

CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:
• understand the organizational structure, philosophy and status of the SMART Recovery (501c3) organization;
• become aware of the SMART Recovery 4-Point Program and its 5-Point correctional Version.;
• become familiar with some of the 14 SMART Recovery Tools;
• gain a perspective on what does and doesn’t happen at SMART Recovery meetings; and
• learn how to avoid stigmatizing language.


Presenter:
Cardwell C. Nuckols, Ph.D.

Course Description:
This skill building seminar will give participants a “state of the art” understanding of addiction and how this understanding shapes an evidence-based approach to clinical care. This is an advanced skill training presentation integrating psychotherapy, pharmacotherapy and wellness approaches to recovery. Emphasis is placed on a research and neurobiological understanding of addiction and how this translates into clinical application. The clinician as neuroplastician will be the focus of this advanced seminar on recovery. The goal is to give patients the best possible tools for successful personal recovery. CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:
• understand the addiction progresses involving different neurobiological and neurotransmitter systems (for example glutamates role in drug-seeking) and what this means regarding treatment;
• understand low dopamine tone (from genetic and stress research) and its utilization in understanding patient history and treatment;
• understand how social group participation enhances patient well-being (i.e. enhances dopamine tone) in early recovery;
• learn about the new research on the neurobiology of prefrontal cortical functioning is related to patient relapse; and
• understand problems in “reverse learning” creates cognitive inflexibility and what we can do to help our clients.

**THPM3: Ethics for the Substance Abuse Prevention Professional**

**Presenter:**
Erin Burleson, B.S.

**Course Description:**
This course is designed for the substance abuse prevention professional and is intended to improve the understanding of and ability to apply a set of accepted standards/principles, which are expected to guide the behaviors and actions of both individuals and organizations working in the field. Participants will be able to identify standards of conduct for prevention professionals, utilize a method of decision-making for difficult ethical decisions in prevention, and set professional goals with the prevention ethical standards in mind. Participants will also discuss cultural competency and how it applies to work in the prevention field. **CE: 3 hours   Non NBCC**

**Course Objectives:**
After attending the course, a participant will be able to:
• define ethics, morals, values, principles;
• understand the prevention code of ethics;
• apply an ethical decision-making model to situations in prevention work; and
• understanding cultural competency and applying it to prevention work.

**THPM4: The Impact of Compassion Fatigue in Peer Support Work**

**Presenter:**
Ed Johnson, M.Ed., MAC, LPC

**Course Description:**
Individuals who work with vulnerable populations that have experienced trauma experience Secondary Traumatic Stress (STS). Without intervention, STS results in compassion fatigue. This didactic and experiential session will increase the awareness of participants related to why Peer Support Workers are especially vulnerable, the factors contributing to Compassion Fatigue and potential warning signs. Participants will explore skills and lifestyle changes that Peer Support Workers can use and make to reduce the risk and impact of Compassion Fatigue. **CE: 3 hours**

**Course Objectives:**
After attending the course, a participant will be able to:
• identify who is susceptible to Compassion Fatigue and STS and how it happens;
• describe how Compassion Fatigue impacts the peer workforce; and
• identify steps for prevention and reversal of Compassion Fatigue and addressing Secondary Traumatic Stress.

**THPM5: Shared Decision-Making Overview**

**Presenter:**
Debbi Sims, MA, NCC, ADC, MAC

**Course Description:**
Historically, decisions regarding treatment placement and referral have rested largely on the provider’s assessment skill and agency priorities for admission. Currently, greater emphasis is placed on the client’s personal goals and strengths in the treatment planning process. Research supports that when clients have greater involvement and participation in treatment decisions, they have more successful treatment experiences. According to SAMHSA, Shared decision-making (SDM) is defined as an approach where clinicians and clients share the best available evidence when faced with the task of making treatment decisions, and where patients are supported to consider options, values, and beliefs in order to
achieve informed preferences regarding their treatment. SDM rests on accepting that individual self-determination is a desirable goal, and that clinicians need to support patients to achieve this goal, wherever feasible. The methodology is underscored by recognizing and utilizing change talk and motivational interviewing skills. The goal of Shared Decision Making is to assist a client in increasing engagement, and movement from Choice Talk to Decision Talk in the process of deliberation. **CE: 3 hours**

**Course Objectives:**
After attending the course, a participant will be able to:
- gain understanding of best practices in the use of the Shared Decision-Making process;
- provide information on the guiding ethical principles of Shared Decision-Making;
- become familiar with medication options in Medication-Assisted Treatment and suggested client education components;
- gain understanding of and apply the 3-step Shared Decision-Making Model (Choice talk, Options talk, Decision talk);
- understand information on documentation and ADMH billing practices related to Shared Decision-Making events; and
- learn how to address clinical application, barriers, and concerns of the care giver in successful implementation of the Shared Decision-Making Model.

**THPM6: HIV/AIDS/STI Update for the Prevention/Substance Abuse Professional**

**Presenter:**
Rick Meriwether, B.S.

**Course Description:**
This course will provide an overview of current developments in Sexually Transmitted Infection(s) (STIs)/HIV diagnosis and management to the lay person/professional especially those involved in the counseling & education of individuals living w/ a dual diagnosis, i.e. alcohol/drug addiction AND a STI, including HIV and/or HBV/HCV. Attendees will receive instruction on the nine most common STIs diagnosed in Alabama. Also, key Alabama laws regarding STIs/HIV will be discussed. **CE: 3 hours**

**Course Objectives:**
After attending the course, a participant will be able to:
- define/identify the following terms: abstinence, safer sex, risk reduction, HIV, AIDS, STI/STD, PEP, PrEP;
- conduct a brief, accurate and sensitive assessment of an individual’s sexual risk-taking behavior;
- discuss the epidemiology, clinical manifestations, diagnosis and treatment for following STIs: HIV, gonorrhea, Chlamydia, syphilis, herpes, bacterial vaginosis, venereal warts, viral hepatitis and pubic lice; and
- discuss risk reduction/behavior change theories and models as they relate to STI/HIV infection.

**FRIDAY HALF DAY COURSES**
**9:30am – 12:30pm**

**FAM1: HIV and Co-Occurring Disorders: Integrating Behavioral Health Services in Primary Care and Medical Specialty Clinics**

**Presenter:**
Elana Merriweather, Ed.S, AADC, CSOTS, LPC, NCC

**Course Description:**
An overview will be provided on the integration of behavioral health services aimed at the prevention and treatment of co-occurring disorders in people living with HIV and other sexually transmitted infections (STI’s). Information will be shared on administrative, programmatic, clinical and peer-based considerations pertaining to the delivery of holistic
behavioral health services in nontraditional treatment and clinical settings. Additional information will be provided on the importance of collaborative partnerships with specialty care agencies and prevention programs that address and treat the comprehensive service needs of people who are living with HIV/STI's, substance use and mental health disorders. **CE: 3 hours**

**Course Objectives:**
After attending the course, a participant will be able to:
- identify common co-occurring disorders in people living with HIV and other STI's;
- define agency approaches to behavioral health services in primary care and medical specialty settings;
- discuss the administrative, programmatic and clinical considerations for behavioral health integration;
- explain the benefits of peer support programs when addressing people who are impacted by health and social disparities; and
- list federal and state level resources that provide technical assistance and support for the integration of behavioral health services in primary care and medical specialty settings.

**FAM2: High in Plain Sight: Current Alcohol and Drug Culture, Trends, and Identifiers**

**Presenter:**
Jermaine Galloway, B.S.

**Course Description:**
This workshop will provide attendees with the ability, knowledge and confidence to help prevent and identify individuals who are abusing drugs and/or alcohol & drug abuse. There are several identifiers, logos and terms that are commonly related to alcohol abuse, marijuana abuse, over-the-counter drug abuse and drug concealment on school, home, work and vehicle property. These items, along with much more, will be discussed. Also, over 85 visual aids will be provided during the training. **CE: 3 hours**

**Course Objectives:**
After attending the course, a participant will be able to:
- quickly identify alcohol and drug use and abuse indicators of possible at-risk individuals, through products, stash compartments, clothing brands, lingo, music lyrics, etc.;
- recognize the current drug culture at first observation, search, or interview;
- identify concealment methods for alcohol and drugs, including on persons, in cars, and in the classroom or workplace;
- provide improved policy, procedures, and techniques/tactics regarding current alcohol and drug use and abuse; and
- recognize area specific alcohol and drug abuse information and content in relations to trends, culture and identifiers in their area/location.

**FAM3: First Episode of Psychosis: A Look Within**

**Presenter:**
April Watkins, MSW
Shameka Dorrough
Brian Fluker

**Course Description:**
This course will be helpful in outlining the symptoms, phases, causes and different types of treatment for psychosis. It will specifically discuss the evidenced-based practice (CSC) Coordinated Specialty Care, and those mental health agencies that model the practice within the state of Alabama. **CE: 3 hours**
Course Objectives:
After attending the course, a participant will be able to:
- understand the clinical course of mental health diagnoses, particularly bipolar with psychosis, and schizophrenia;
- understand First Episode of Psychosis and early warning signs; and
- learn about evidence-based treatment solutions to further their understanding.

FAM4: Ethical Dilemmas in the Digital Age
Presenter:
Ed Johnson, M.Ed., MAC, LPC
Course Description:
Social Networking Sites, Text Messages, Google, Email and the Internet; these digital media have become ubiquitous in the everyday life of Addiction Professionals and the people they serve. The digital age opens multiple issues with respect to self-disclosure, confidentiality and professional boundaries. This didactic and experiential training will allow participants to gain an increased understanding of the dynamics of these various digital media and how to safely navigate them in a Professional and Personal setting. CE: 3 hours

Course Objectives:
After attending the course, a participant will be able to:
- describe three (3) ways that they can control their digital footprint to reduce client access;
- list three (3) ways clinicians can potentially use digital communications with clients without violating 42 CFR and HIPPA; and
- site two (2) specific examples where the NAADAC Code of Ethics addresses the issue of “boundaries” in digital communication.

FAM5: The Intersection between Homelessness, Substances Abuse, and Human Trafficking
Presenter:
Lynn Caffery, MPA, BSCJA, HS
Course Description:
This course examines the intersection between homelessness, substance abuse, and human trafficking among the youth in the United States. There are several different components in this course to examine. Some of these components are disempowerment by using substances, physical and emotional abuse, using social excluding and economic vulnerability. The human and social consequences of trafficking and homelessness are compelling. From the physical abuse and torture of victims to the psychological and emotional trauma, to the economic and political implications of unabated crime, the impact on individuals and society is clearly destructive and unacceptable. CE: 3 hours Non NBCC

Course Objectives:
After attending the course, a participant will be able to:
- understand the rise of homeless youth and trafficking in the United States;
- understand homeless Youth population;
- learn how to build community connections and Support with other agencies;
- understand the role of community and agencies to stop human trafficking among homeless youth;
- learn techniques to earning the trust of homeless youth;
- learn ways to stop human trafficking among homeless youth;
- apply Trauma informed care to combat human trafficking and homelessness among youth;
- identify the underlining psychosocial/risk factors that contribute to an individual’s vulnerability to human trafficking;
- identifying mental health risks associated with human trafficking; and
- recognize the characteristics of behavior when speaking to a potential victim of trafficking.
**FAM6: Peer Voice In-Person Training**

**Presenters:**
Sharon Jenkins Tucker, MA  
Roslind Hayes, CPS, CARES  
Chris Johnson, MFA, BA

**Course Description:**
This training will instruct mental health peers on ways to gather data from large and small community groups and build support for mental health recovery. Participants will gain an understanding of how individuals, communities, and organizations can work collaboratively to produce successful mental health recovery outcomes. **CE: 3 hours**

**Course Objectives:**
After attending the course, a participant will be able to:
- discuss the importance of the peer voice in developing and delivering services in the behavioral health community;  
- describe the benefits of collaborating with allied organizations;  
- discuss the role of the behavioral health peer community in providing diverse perspectives;  
- identify strategies for including the peer voice in adapting data collection tools; and  
- create a plan to develop a system of information gathering for peer populations.

**FAM7: A Walk Through Alabama Opioid Treatment Program (OTP’s)**

**Presenter:**
Margaret Helm Graham, MA

**Course Description:**
As you know, addiction impacts all demographic groups; it can affect any age group, ethnicity, race, and has nothing to do with income or education. Each year this country continues to see a rise in the number of Opioid overdose deaths with over 70,000 reported in 2018. Unfortunately, Opioid Use Disorder can quickly become a harsh reality for anyone; however, it is treatable. This course will highlight OTP’s Gold Standard of Care for Opioid Use Disorder. Knowledgeable researchers are now grasping the reality that Methadone treatment is one of the most viable treatment options for those who need stability while raising their children, maintaining employment, and acclimating into society. We will begin this course by gaining a patient perspective of the program. The participants will then be asked to share what they know about OTP’s. Next participants will be given a summary of the clinical and medical components of OTP’s. The facilitator will also highlight the changes that have occurred since 2012. Finally, the age-old Myths about Methadone will be addressed. **CE: 3 hours**

**Course Objectives:**
After attending the course, a participant will be able to:
- gain an informed and working knowledge of OTP’s in the State of Alabama;  
- learn about Medications Prescribed by OTP’s; and  
- debunk the myths about Methadone.
**FAM8: Counseling and Teaching Recovery from Addiction to Gang Members Mandated to Attend Treatment**

**Presenter:**
Muhammad Abdurahim, BSW, MS, CACII  
Gia Gunn-Purifoy, B.S.  
Janee Robinson, BS, MBA, APS, CAADP  
Dana Hartsfield, BS Psychology, MSC

**Course Description:**
This course is designed to open a dialogue with the participants embracing their knowledge, experience, and expectations of this topic. This course seeks to present to the participants an eclectic blend of information ranging from evidence-based, practical theoretical based and methods based on experiences that have proven to have success with this population in a therapeutic setting. This course will introduce the participants to skills that they already possess with some practical influences built into the fabric of the narrative that will enhance a set knowledge base, such as group ice breakers, group and individual strategies designed to deflate anti-social and aggressive output during group time. This course will present character traits that are important to the gang culture (which surprisingly operates from very strict rules of conduct), traits that gang members will look for in the facilitator such as being on time for group, keeping appointments, grooming, word is bond, firm but fair, and no favoritism. This course will empower the participants with the confidence to work with the client, the family and the Courts (law enforcement, caseworkers, Judges, attorneys) and become aware how to effectively navigate the legal world of mandated care in the judicial system. **CE: 3 hours**

**Course Objectives:**
After attending the course, a participant will be able to:
- participate in open forum for dialogue to share common and new experiences and ideas;  
- understand the data, knowledge and experiences of others that have worked with this population;  
- observe an audio/visual/literary catalog of motivational material that can be used in groups by actual former gang members in recovery;  
- understand group building skills that are designed specifically for anti-social, history of violent encounters and resistant clients;  
- learn group engagement strategies designed for aggressive clients; and  
- learn how to keep the peace in a group of gang members from opposing backgrounds.

**FAM9: Reconciling Faith, God, and the Addiction to Ministry**

**Presenter:**

**Course Description:**
Ministerial leaders are the first responders of their faith-based community. When a member is in crisis, the ministerial leader is the primary contact. But who responds when the leaders are in crisis? Where is the space for her/him to decompress and unwind? How do these first responders of faith hold the trauma of their congregation while coping with and balancing their own trauma and needs? Without sacred spaces and effective self-care practices, these first responders find themselves alone and isolated. The constant exposure to secondary trauma, coupled with one’s own trauma, leads to not only poor physical and mental health, but the engagement in maladaptive behaviors such as alcoholism, depression, drug abuse, eating disorders, obesity, high-risk sexual behaviors, smoking, suicide, certain other chronic diseases, and even death. Through this course, the attendees will gain a greater understanding of reoccurring trauma’s effects on one’s behavior; expose the triggers that ignites social, emotional, and physical impairment; and introduce a wholistic self-care strategy to begin to counter the narrative of addiction in faith leaders.  
**CE: 3 hours  Non NBCC**
**Course Objectives:**
After attending the course, a participant will be able to:

- increase awareness of the types of reoccurring traumas faith leaders face and its effects on their personal, mental, and spiritual self;
- reduce the stigma of mental health and addiction by exposing the triggers and maladaptive coping strategies; and
- discover how to develop an individual self-care plan that counters the maladaptive behaviors.

**FAM10: Brief Negotiated Interview 101**

**Presenter:**
Jennifer Smith, LMSW  
Paul Moon, BA  
Shanna McIntosh, MS, AADC

**Course Description:**
This session will introduce participants to Motivational Interviewing and the Brief Negotiated Interview (BNI). Participants will understand the principals of motivational interviewing and how to apply to BNI. The BNI helps healthcare providers explore behavior change with patients in a respectful, non-judgmental way in a limited time period. This session will provide the skills necessary to develop competency in a successful BNI. **CE: 3 hours**

**Course Objectives:**
After attending the course, a participant will be able to:

- understand the brief negotiated interview model;
- develop an understanding of the evidenced-based practice model of brief intervention, the brief negotiated interview (BNI);
- understand the principals of motivational interviewing and how to apply to BNI; and
- develop and practice application of BNI to patient engagement.

**TUESDAY FULL DAY COURSES  9:30am-4:45pm**

**T1: De-escalating Anger and Potential Violence: Management of Anger and Aggression**

**Presenter:**
Cardwell C. Nuckols, M.A. Ph.D.

**Course Description:**
Most of us have very strong reactions toward a client, patient, offender, consumer or employee demonstrating angry emotion and potentially out-of-control behavior. Sometimes our reactions become part of the problem instead of the solution. This presentation can help change these uncomfortable scenarios into potentially positive corrective experiences. Anger and aggression are best viewed from a multiple causation set of glasses. This skills training event will look at anger and aggression as a symptom of numerous disorders including addiction, personality disorders (antisocial and borderline, for example), as a learned coping survival strategy, as a manifestation of the ego, in relationship to self-esteem, etc. The latest scientific understanding of this group of individuals will be addressed while placing emphasis on verbal and behavioral management, along with the demonstration of empirically proven strategies such as relaxation and cognitive-behavioral techniques. Based on over 40 years of experience, Dr. Nuckols has worked with major corporations and various systems including the military, criminal justice, mental health and substance abuse. His background includes over 35 years of direct clinical practice and his educational background includes advance work in pharmacology, psychology and neurobiology. **CE: 6 hours**
Course Objectives:
After attending the course, a participant will be able to:

- understand anger may be a strategy used to preserve a client’s need for control when a situation arises that causes fear of loss of control;
- understand their personal reaction to anger and potential violence and, most importantly, if this reaction is effective or ineffective;
- discuss the importance of establishing rapport and the setting of limits with this population;
- describe verbal and behavioral management strategies helpful in successfully handling an angry outburst with potential for aggressive acting-out;
- understand why punitive attempts to control the client’s anger fail and what you can do to change negative outcome; and
- describe proven cognitive-behavioral and self-regulation strategies useful in the management of the angry, aggressive individual.

T2: Merging Motivational Interviewing (MI) and Experiential Therapy: An Active Guiding Style

Presenter:
Matt McKenzie MA, LPC

Course Description:
Combining Motivational Interviewing with Experiential methodologies is the focus of this presentation. The presentation will create an interactive experience, packaged with Motivational Interviewing (MI) consistent language techniques, that allows attendees to gain a hands-on approach for future application. Discuss the merger of therapeutic styles that create an active, collaborative, empathetic and evoking environment to support clients. Participants will come away with more creativity in initial engagement, evoking personal strengths and guiding patients on their abilities to use their new meaning of who they are to explore new paths. **CE: 6 hours**

Course Objectives:
After attending the course, a participant will be able to:

- learn ways to remote early group connection with experiential activities;
- gain competency in the use of props for projective identification; and
- increase skill in the use of MI-consistent therapeutic behaviors (evoking question, complex reflection, affirmation) that assist group members in progressing towards change and overcoming barriers.

T3: Chemical Dependency: A Multidimensional Discussion of a Multidimensional Problem

Presenters:
Brent Fox, BS, PharmD, PhD
Miranda Andrus, PHARMD, FCCP, BCPS
Cherry Wyant Jackson, PharmD, FASHP, FCCP, BCPP
Haley Phillippe, Pharm.D., BCPS, BCGP, FASCP
Jan Kavookjian, MBA, PhD, FAPhA
Karen Falck Marlowe, Pharm D, BCPS, CPE
Marilyn Bulloch, PharmD, BCPS FCCM

Course Description:
This course consists of six complementary sessions focusing on various aspects of chemical dependency. Specific topics address challenges that healthcare professionals face, including optimal prescribing practices, determining patients' current prescription medication usage patterns, and communication in difficult situations. Additional emerging
challenges this course will cover include identifying lesser known substances of abuse. Of specific relevance is the co-occurrence of substance use and mental health disorders, which will also be covered. The final session will focus on e-cigarettes as a threat to Alabamians' health. **CE: 6 hours**

**Course Objectives:**

After attending the course, a participant will be able to:

- understand prescribing in difficult times and PDMP;
- learn motivational interviewing strategies for impactful conversations about substance and alcohol use;
- recognize non-opioid substances that are being recreationally used and abused;
- identify common substance use disorders and co-occurring mental health disorders; and
- learn about Electronic Cigarettes – What you need to know.

**T4: Transgender Adolescents**

**Presenter:**
Odalys Waugh, PHD, LMHC, MFT, CCS

**Course Description:**

This training will provide in-depth knowledge and information about the theories regarding the transgender phenomenon and valuable resources available. This training will help participants understand the risk associated with this population such substance use disorders, suicide and self-harming behaviors. This training will also review the risks and statistics regarding HIV/AIDS as well as hormone therapy. Participants will gain a better understanding of the surgery for Female to Male and Male to Female as well as the recourses available for those who choose to undergo the surgery. **CE: 6 hours**

**Course Objectives:**

After attending the course, a participant will be able to:

- learn the theories regarding the transgender phenomenon;
- learn how to prevent suicide/drug use/and other self harming behaviors;
- understand how to work with this population and know when to refer the client according to their needs;
- learn about approved resources for hormone therapy;
- learn about the resources available for surgery for Female to Male and Male to Female; and
- see a surgery presentation of Female to Male and Male to Female.

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**WEDNESDAY FULL DAY COURSES  9:30am-4:45pm**

**W1: Neuroscience of Addiction: The Fundamentals of Treatment “Know Science No Stigma”**

**Presenter:**
Jason Hunt, M.D.

**Course Description:**

Decades of research has transformed our understanding of substance use and its effects on the brain. Addiction was once looked at largely as a moral failing or character flaw but is now understood to be a chronic disease of the brain that leads to clinically significant impairments in health, social function, and continues use despite negative consequences. This course describes the neurobiology underlying substance use and why some people transition from using or misusing alcohol or drugs to a substance use disorder (SUD)—including, addiction its most severe form. (Addiction: A term used to indicate the most severe, chronic stage of substance-use disorder, as diagnosed in the DSM-5.) This course explains how these substances produce changes in brain structure and function that promote disease progression and contribute to relapse. This knowledge has opened the door to new ways of thinking about prevention and treatment of substance use disorders. When discussing addiction and treatment, it is impossible NOT to talk about stigma. The Stigma of addiction and generalizations of people with substance use disorders have impacted our public policy and the way treatment has been shaped for the last 100 years. Hopefully this course will provide an understanding (not an excuse)
for the behavior influenced by brain impairment, specifically in areas of executive function. This knowledge has opened the door to new ways of thinking about addiction prevention and treatment. Biomedical research supporting that addiction is driven by structural and functional changes in the brain has helped reduce stigma and provides support for fully integrating SUD treatment into our healthcare system. **CE 6 hours**

**Course Objectives:**
After attending the course, a participant will be able to:
- identify the neurobiological framework underlying substance use disorders;
- understand how drugs change brain circuitry and contribute to addiction and relapse;
- understand some of the neurochemistry behind the symptoms of addiction and recognize how it is like other chronic diseases;
- understand the change in medical attitudes concerning the use of prescription opioids;
- learn evidence-based treatment with an extra focus on special populations, including opioid use disorder in pregnancy and in the criminal justice system;
- understand the impact stigma has on patients and how the shame associated with addiction deters them from treatment.

**W2: Greater Than A Mother’s Love: How Opioids and Heroin Hijack the Brain**

**Presenter:**
Merrill Norton, Pharm.D., D.Ph., ICCDP-D

**Course Description:**
Do you remember how pleasant it felt when your mother hugged you tightly? Or when she came to your rescue when you got yourself in trouble? Remember her support of your efforts to accomplish your dreams? Or if you are a parent, how much love do you feel towards your children? Human bonding is underpinned by crosstalk of oxytocin and dopamine in striatum, combining motivation and vigor with social focus, and their time sensitivity/pulsatility enables reorganization of neural networks. The brain’s reward pathways contain the three primary chemicals responsible for the release of oxytocin which leads to the feeling a mother receives upon birthing her children—these same chemicals are impacted by regular use of opioids and heroin. This presentation explains how the long-term use of opioids and heroin replaces the normal chemicals for normal human bonding and hijacks the brain’s pleasure centers that leads to substance use disorders. **CE: 6 hours**

**Course Objectives:**
After attending the course, a participant will be able to:
- correlate neuroscientific research studies of the impact of diacetylmorphine (Heroin) and other opioids has on the human brain and central nervous system;
- list the different types of street heroin and prescription medications;
- compare the various treatment modalities available to the heroin/opioid use disordered population/other substance use disorders; and
- analyze the various pharmacotherapies used in the treatment of substance use disorders.

**W3: Foundations of Substance Abuse**

**Presenter:**
Mark Miller, LMFT, LCADC

**Course Description:**
This workshop is for new counselors entering the treatment field, for counselors that are beginning to see more addiction clients on their caseloads, and those preparing to take the national exam. Utilizing TAP 21: Addiction Counseling Competencies, pertinent aspects of assessment, diagnosis, and treatment planning will be reviewed. Techniques for engaging clients and their families and running effective treatment groups will be explored. Utilizing interventions that correspond to a client’s stage of change will also be reviewed. **CE: 6 hours**
Course Objectives:
After attending the course, a participant will be able to:
- explore your professional readiness to work effectively with the addiction population;
- learn a variety of practice dimensions, along with evidence-based practices for treating the addiction population; and
- learn techniques to enhance engagement with clients and how to formulate appropriate client involved treatment plans.

W4: Suicide Risk Assessment Training
Presenter:
Rebecca Azir, MSW, BA

Course Description:
The Southeast MHTTC, in partnership with Georgia HOPE, is pleased to offer a Suicide Risk Assessment Training. Suicide Risk Assessment is an interactive training targeted to master’s level and licensed mental health clinicians who provide counseling and/or assessment in a variety of settings. The training will highlight the importance of suicide risk assessment and demonstrate ways clinicians can recognize, assess, and intervene when working with at-risk clients.
CE: 6 hours

Course Objectives:
After attending the course, a participant will be able to:
- implement the components of effective suicide risk assessment;
- discuss the elements of suicide risk assessment that have been determined to be “best practice;”
- discuss key elements in completing an effective crisis and safety response plan; and
- identify appropriate agency, professional, clinical, and social resources to engage during a crisis or risk assessment.

THURSDAY FULL DAY COURSES 9:30am-4:45pm

TH1: Facilitated Growth: Experiential Activities for Recovery and Wellness
Presenter:
Marc Pimsler, MA, MAC, CCS, CYT, RRT-P

Course Description:
This workshop will feature 10-15 experiential activities for addictions recovery and wellness. Experiential activities provide an opportunity to intentionally surface behaviors or scenarios that happen in the real world in a more controlled environment. Walking participants through what happened, why it is important, and how it impacts the future is an important part of the recovery process. We invite you to explore the intentional use of experiential activities in your recovery and wellness practice. CE: 6 hours

Course Objectives:
After attending the course, a participant will be able to:
- learn some experiential activities that focus on addictions recovery and wellness that are easy to replicate;
- understand the power of experiential methodologies and be able to implement these activities with their population; and
- identify core tenants of experiential methodologies.
TH2: The Pharmacist’s Guide to Opioid Use Disorders

Presenter:
Merrill Norton, Pharm.D., D.Ph., ICCDP-D

Course Description:
The Pharmacist’s Guide to Opioid Use Disorders is a text that provides comprehensive guidance to all aspects of the opioid epidemic, starting with a discussion of the neuroscience of substance use disorders. **CE: 6 hours**

Course Objectives:
After attending the course, a participant will be able to:
- gain the most current information, science, and best practices which provides healthcare professional;
- understand practical, concrete advice for: Using a patient friendly screening process;
- develop brief intervention skills;
- provide an explanation of the various opioid use disorder treatment options;
- learn how to aid in an opioid overdose rescue; and
- understand how to work with pregnant and postpartum women with substance use disorders and their infants.

TH3: What Clinicians Need to Know About Telemental Health from a Treatment, Digital Marketing, and Ethical Perspective

Presenter:
Lucy R. Cannon, Ed. D, LCSW, CCDP-D, MATS

Course Description:
Telemental Health (TMH) in recent years has become an increasingly popular and necessary way to provide services to clients with mental health and substance use disorders. It has been around in some manner or context from a historical perspective since the 1950’s. (National Center for Telehealth & Technology). Historically it has been considered one of the possible solutions to meeting the needs of clients who need mental health and substance related disorders treatment in rural cities in Alabama, Georgia and other states across the United States because of the shortage of mental health professionals. According to Quashie (2015), over the last few years, there has been a wider variety of care models—from hospitals establishing telepsychiatric assessment programs in their emergency departments to virtual networks of mental health professionals providing telemental health services to underserved areas to remote substance abuse counseling being provided to inmates in state prisons. “Telemental Health is a subset of telehealth that uses technology to provide mental health services from a distance. TMH includes terms such as telepsychology, tele psychiatry, and telebehavioral health.” (National Center for Telehealth & Technology). This workshop will focus on helping healthcare practitioners’ gain a comprehensive understanding of the importance of telemental health and treatment implications for the clients they serve. Participants will also learn specific HIPAA Laws that are affiliated with digital marketing healthcare services. Participants will learn how to implement key processes and practices according to various ethical and clinical practices for their organizations based on state and federal TMH laws. **CE: 6 hours**

Course Objectives:
After attending the course, a participant will be able to:
- define purpose of telemental health services and impact on service delivery system;
- explain key state and federal telemental health laws that impact treatment;
- identify specific types of electronic devices that are used to provide telemental health services according to ethics and HIPAA Laws;
- learn the three levels of Telemental Health services and recommended certifications for practitioners;
- understand how telemental health impact inpatient treatment (e.g. VA Study);
- learn and understand specific duties and responsibilities of clinicians and supervisors providing telemental health services;
- identify key administrative forms that is needed to provide TMH (e.g. Telemental Health Informed Consent Communication Addendum, Business Associates Agreement legal form, and etc.) and how to document clinical information for billing purposes;
• become familiar with key complexities with intake and assessments, treatment planning, emergency and crisis plans, therapy, privacy and confidentiality issues, risk management, and legal issues;
• identify 2 to 3 examples of Telemental Health Marketing “Do’s and Don’ts according to HIPAA laws; and
• become familiar with common legal and ethical dilemmas when providing these services.

**TH4: The Feral Children of the Opioid Epidemic: A Jungian Perspective About the Impact of the Opioid Epidemic on Addicts’ Children**

**Presenter:**  
Melissa Werner, Ph.D., MA

**Course Description:**  
“Nothing exerts a stronger psychic effect upon the human environment, and especially upon children, than the life which the parents have not lived” (Jung, 1966, CW 15, p. 4, #4). The opioid addiction profoundly effects the children of addicts. Due to the all-consuming nature of addiction these children have been abandoned emotionally and relationally by their parents. I have termed the children feral because in working with them I have come to see some of them as not attached to parents or the culture. The feral child is a child who has little or no experience of human care, intimacy, and, most crucially, relationship. The workshop begins by describing the opioid epidemic from the perspective of addicts’ children. Using contemporary brain research the relationship between archetype and attachment is explained in part to provide a model for working with these children. The workshop continues by providing material about attachment styles using Fairytales illustrating different attachment styles. Case study material with pictures of sand trays and art work illustrate the unique difficulties of these children. The workshop concludes with information about resilience and how this can help these child clients and others struggling with the complex trauma of living with parent addicts. **CE: 6 hours**

**Course Objectives:**  
After attending the course, a participant will be able to:
• understand the scope of the Opioid problem in Alabama and its effects on children;
• discover how the Jungian concept of Archetypes informs differences of our perceptions and that of clients;
• describe how complex trauma compounds and impacts both psychological health and physical health;
• understand attachments’ impact throughout the life span;
• review case material to observe manifestations of complex trauma in the lives of children whose parent(s) are addicts;
• discuss how understanding and promoting resilience can aid in the healing process; and
• name some ways resilience supports psychological health in the lives of adults and children.
Muhammad Abdurahim currently works as a Drug Treatment Counselor at Julia Tutwiler Prison in Wetumpka AL. He holds a Masters in Addiction Counseling and is currently working on his PhD in Addiction/Health Psychology. Muhammad achieved his undergraduate degree with a BS in Social Work. He now has over 40 years of experience in Addiction Counseling and is a Certified Addiction Counselor with the Georgia Addiction Counselors Association Level 2. His interests and specialty of study is centered on practical strategies for working with Violent Behavior in children/adolescents and gang mentality.

Stefania Agliano
Stefania M. Agliano, LMSW received her graduate degree at Fordham University and has worked in child welfare services and child protection for over twenty-five years. Ms. Agliano is co-founder of I AM Training and Consultation Group LLC and currently works in the field of child welfare in a supervisory capacity. Ms. Agliano has been a contributing member of efforts to eradicate trafficking inclusive of the development of various training curriculums, training hundreds of child welfare staff, law enforcement officers, probations officers and community providers on the local and national level. Ms. Agliano has co-authored and facilitated national prevention programming aimed at educating participants on various topics inclusive of sexual exploitation designed for adolescents, young adults and families under the umbrella of I AM: The Empowerment Project. Ms. Agliano is an adjunct faculty member and teaches at the college level.

Miranda Andrus
Dr. Miranda Andrus currently serves as Clinical Professor of Pharmacy Practice with Auburn University Harrison School of Pharmacy (HSOP) and Clinical Associate Professor of Family Medicine with the University of Alabama-Birmingham (UAB) School of Medicine in Huntsville. Dr. Andrus earned a Doctor of Pharmacy degree (Magna Cum Laude) from the Samford University McWhorter School of Pharmacy in 1999. She completed a post-graduate Specialty Residency in Primary Care at the Durham VA Medical Center and UNC-Chapel Hill School of Pharmacy in 2000. In 2002, Dr. Andrus became a Board-Certified Pharmacotherapy Specialist. Dr. Andrus practices at the UAB-Huntsville Family Medicine Center where she provides pharmacotherapy services to patients and actively educates medical residents and pharmacy students in the clinical setting. Dr. Andrus previously worked for HSOP in Tuscaloosa for four years, where she practiced in rural primary care. Her areas of interest include the scholarship of teaching and learning in experiential education, tobacco abuse and treatment, diabetes, hypertension and dyslipidemia. Dr. Andrus is currently (2018-2021) serving as treasurer on the board of regents of the American College of Clinical Pharmacists (ACCP). She served as chair of the ACCP Education and Training Practice and Research Network in 2006-2007 and has served on numerous ACCP national committees. In 2009 she received the distinction of Fellow of the American College of Clinical Pharmacy (FCCP).

Rebecca Azir
Rebecca Azir is a Community-Based Mental Health Therapist and Training Manager at Georgia HOPE. She previously worked as a Crisis Helpline Responder, Crisis Assessment and Intervention Specialist, and a School-based MH Therapist. She has successfully served children, adolescent and adult clients experiencing mental health crisis ranging from suicidality, psychosis and domestic violence to trauma and substance use, to name a few. Rebecca completed her BA Religion with a concentration in Pre-counseling & Chaplaincy at Oakwood University in 2012. She completed her master’s in social work at Andrews University in 2017. Rebecca passionately believes, increased mental health awareness and training, empowers multidisciplinary service providers, family and communities and is therefore, key to bringing about stability and recovery to people living with mental health illness.

Lt. Darren Beams
Darren Beams has served the City of Tuscaloosa AL as a police officer since 2000, and currently holds the rank of Lieutenant. He is the Commanding Officer of the ABC/Code/Vice Division, which primarily handles alcohol licensing and violations, environmental complaints, as well as, vice crimes: Illegal gambling, Solicitation / Prostitution, and Human Trafficking. Since joining the Tuscaloosa Police Dept. in 2000, Beams has served in the Uniform Patrol Division, HUD Division, and the Tuscaloosa Metro Homicide Unit. Beams was instrumental in forming the new West Alabama Human
Trafficking Task Force, changing local commercial sex related investigations to a Victim Centered Approach, and participated in the task force in the NJSI (National Johns Suppression Initiative). The task force is recognized across the state as a leader in conducting operations to rescue the victims, prosecute the traffickers, and sex buyers. The task force is also known for providing education/awareness to the community, other law enforcement agencies, health care providers, and the hospitality industry.

**Marilyn Bulloch**

Marilyn Novell Bulloch, Pharm.D. BCPS, FCCM is an Associate Clinical Professor in the Department of Pharmacy Practice at the Auburn University Harrison School of Pharmacy. Dr. Bulloch holds an Adjunct Associate Professor appointment with the University of Alabama-Birmingham School of Medicine Department of Medicine and the University of Alabama College of Community Health Sciences Department of Family, Internal, and Rural Medicine. Additionally, Dr. Bulloch serves as the Director of Strategic Operations under the Associate Dean of Faculty Affairs and Strategic Initiatives at HOSP. As part of this position, she provides leadership, support, and direction in the areas of accreditation - including the ACPE self-study and site visit, strategic planning, and continuous quality improvement. Dr. Bulloch grew up in Collinsville, Virginia and received her Doctor of Pharmacy degree from the Ernest Mario School of Pharmacy at Rutgers, the State University of New Jersey in 2007. She completed a post-graduate pharmacy practice residency at the University of Alabama-Birmingham Hospital in 2008. In 2009, Dr. Bulloch completed post-graduate specialty residency in critical care pharmacy at Charleston Area Medical Center in Charleston, West Virginia. Additionally, Dr. Bulloch completed a Faculty Scholars Program in geriatrics through the University of Alabama-Birmingham Geriatric Education Center in 2011. Dr. Bulloch began in her role as faculty in August 2009 and her current practice site is at DCH Regional Medical Center in Tuscaloosa, Alabama. She participates in an interprofessional education inpatient rounding service that also includes academic physicians from the University of Alabama, medical residents and fellows, and third- and fourth-year medical students. Her practice includes adult critically ill and acute care patients, with a large contingent of geriatric patients. Dr. Bulloch provides comprehensive pharmacotherapy management for the patients on the inpatient service, with specific focus on infectious disease and other acute and critical illness needs. Dr. Bulloch has and continues to serve on multiple committees and in leadership positions for many local, state, and national pharmacy and interdisciplinary medical organizations. She was inducted as a Fellow of the American College of Critical Care Medicine in 2017. Her research interests include geriatric pharmacotherapy, interdisciplinary education, alternative professional education instructional methods, infectious disease, care transitions, and acute and critical care pharmacotherapy.

**Erin Burleson**

Erin Burleson is a prevention consultant for the Alabama Department of Mental Health-Office of Prevention. She received her BS from Auburn University and began her career in the prevention field in 2002. Mrs. Burleson worked for a prevention agency for seven years, serving as a community outreach coordinator and prevention director. In 2009, she transitioned to her current position as a prevention consultant. As a prevention consultant, Mrs. Burleson provides technical assistance and training to prevention agencies throughout the state.

**Lynn Caffery**

Lynn Caffery is the Safe Harbor Youth Inc.’s Executive Director. Safe Harbor’s Transitional Living Program for youth ages 16-22 that are runaway, homeless, abused, and victims of human trafficking. She has been instrumental in defining this program that offers social, living, therapy, education, work, and home skills in preparation for independent living. Her hands-on efforts and street outreach have resulted in changing the lives of hundreds of local children who have found themselves in dire circumstances. Lynn received her bachelor’s degree in Criminal Justice Administration, with a concentration in Human Resources, a Master’ in Public Administration, and is currently going to college for her PHD in in Psychology with a concentration in Trauma and Trauma Disaster Relief. Lynn is currently working on a book about her life call Beyond the Scars of Human Trafficking and abuse. It is due to be published in February 2020. She is certified to teach 36 programs to help others overcome the obstacles that keep them from having healthy lives, regularly speaks and trains to help raise awareness and educate the community about human trafficking, homelessness, and abused youth. Working with community programs, the Human Trafficking Task Force, Huntsville Police Department, FBI, Homeland Security, Children’s Policy Council as a trainer on human trafficking and homeless youth, judges and lawyers from all over the state of Alabama and other states to help youth that are victims of human trafficking and
homelessness not end up in the system. A homeless and human trafficking survivor herself, Lynn has overcome circumstances that most people can only imagine. Thanks to the love and encouragement of a social worker who refused to give up on her, she has become the local voice for the victims of these horrible crimes and is dedicating her life to give others in similar situations a voice of hope and change.

Lucy Cannon
Dr. Lucy Roberts-Cannon is the CEO/Owner of LEJ Behavioral Health Services, LLC, a training and consulting company in Metropolitan Atlanta. She is a Licensed Clinical Social Worker in the states of Georgia and Alabama. She has the following certifications; Co-Occurring Disorders Professional-Diplomate (CCDP-D), Internationally Certified Co-Occurring Disorders Professional Diplomate (ICCDPD), and Medication Assisted Treatment Specialist (MATS). Dr. Roberts-Cannon has been a clinician, supervisor, director, and consultant of mental health and co-occurring disorders programs in inpatient and outpatient healthcare organizations and psychiatric hospitals in various states in the United States. She is also a national trainer on various mental health and co-occurring disorders topics. She is a trainer and facilitator for the Department of the Navy Reserve and Yellow Ribbon Programs. She is an Adjunct Professor at Clark Atlanta University School of Social Work. She serves on various healthcare organizations boards of directors and advisory boards in Metropolitan Atlanta. She is very committed to the treatment of individuals with mental health and co-occurring disorders disabilities and the continuing education of professionals in the whole health field.

David Coombs
David W. Coombs was born March 19, 1939. He received a degree from Notre Dame University in June 1961. He then entered the US Peace Corps and served 2 years in Chile. In 1964 he entered graduate school at the University of Florida (UF) and received a PhD degree in Sociology in 1971. That year he became an Assistant Professor of Sociology at the University of Alabama (UA). He did teach, research and service at UA until 1983 when he joined the School of Public Health (SOPH) at the University of Alabama in Birmingham. At UAB he worked with the Sparkman Center for International Development to develop Public Health Master’s degree programs in Jamaica, Peru, Colombia and Thailand. He also taught did research and service in the Department of Health Behavior at the SOPH. Coombs researched the causes and consequences of suicidal behaviors at UA and UAB publishing study results in scientific journals. In 2003 Coombs retired but continues to work with the UAB SOPH. In 2004 he joined the Alabama Suicide Prevention and Resource Coalition (ASPARC), a non-profit dedicated to the prevention of suicide, and became President in 2010. In 2012 Coombs and others obtained funding for ASPARC from the Substance Abuse and Mental Health Administration (SAMHSA) and Alabama Department of Public Health (ADPH) to carry out suicide prevention training for health service organizations and for the lay public using the Question, Persuade, Refer (QPR) model. Since then the ASPARC team has carried out QPR gatekeeper training and suicide awareness programs throughout the state of Alabama in collaboration with the Alabama Department of Mental Health (ADMH) and ADPH. More recently ASPARC and other suicide prevention organizations have begun a state-wide effort to coordinate, combine and expand suicide prevention activities in Alabama.

Alta DeRoo
Dr. Alta DeRoo has been an attending physician at Naval Medical Center San Diego, Walter Reed National Military Medical Center, Naval Hospital Camp Lejeune and currently at University of Virginia School of Medicine. Addiction medicine became a passion of hers after seeing the number sailors and soldiers returning from war with substance use disorders. She retired from over 20 years of honorable service to the US Navy. Dr. DeRoo is board certified by the American Board of Addiction Medicine (ABAM), as well as the American Board of Obstetrics and Gynecology. Dr. DeRoo also leads an Office Based Opioid Treatment program (OBOT) through her Community Services Board in Culpeper, VA. She has been a previous medical director of two methadone clinics in NC and VA. Dr. DeRoo is a contributor to publications regarding opioid use disorders among pregnant women and lectures frequently on addiction medicine topics on a local and national level. She serves as the regional clinical champion for the education of physicians regarding buprenorphine waiver training for the state of Virginia. She is also the secretary for the Virginia Chapter of the American Society of Addiction Medicine.
Mara Dodson
Mara Dodson is a project director for The Moss Group and oversees the southeastern region for the company. In this role, Mara engages in relationship management with clients and consultants and provides direction and project oversight on multi-year initiatives in adult and juvenile confinement settings. Projects often involve complex issues related to operational practice, safety, PREA, staff sexual misconduct, female offenders, litigation support, leadership development, organizational development and culture change. Ms. Dodson joined The Moss Group, Inc. in 2008, providing program support and research services. Notably, she worked on the National Prison Rape Elimination Commission Report by conducting a national survey to identify current practice in agency responses to sexual abuse. Ms. Dodson oversaw the National PREA Resource Center’s Employee Training initiative to assist agencies with meeting employee training requirements for PREA compliance. She also led the project team on the PREA Resource Center’s Cross-gender and Transgender Pat Search Training Video and Curriculum projects. Ms. Dodson is currently overseeing a multi-year project with the Alabama Department of Corrections to support women's services. This work involves enhancing safety for staff and inmates and promoting trauma-informed care and gender-responsive policy and practice. A significant component of the work aims to provide staff with tools to work with the population and to better understand the intersectionality between substance abuse, trauma, mental health, and pathways to crime. Her passion is working with clients to problem solve and create solutions that make a positive and meaningful impact. She has co-authored a chapter in correctional textbook on sexual safety in confinement and is an experienced trainer and presenter. Ms. Dodson has a B.A. from Tufts University and earned her M.B.A. at American University.

John Dombrowski
Dr. Dombrowski is a native Washingtonian. He was educated at University Richmond with a degree in biology and a minor in chemistry. The graduate with honors. From there, he attended Georgetown University and received a master’s degree in physiology. He continued his education attending Georgetown school of medicine and graduated in 1989. He then started his medical education in the field of anesthesiology at Yale. Dr. Dombrowski practice traditional operating room anesthesiology for several years but always had an interest in managing patients with acute and especially chronic pain. With this interest, he opened a private practice physician only, office and upper Northwest DC. He sees patients with chronic pain that have failed traditional therapy. The practice offers traditional medication management but focuses on integration between more interventional pain therapies. Dr. Dombrowski’s journey continued with organized medicine as serving several leadership roles in the American Society of Anesthesiologists. The most recent role was of the secretary position managing 53,000 members. During this time, Dr. Dombrowski had the opportunity to be a liaison between the society and the media. He continues to educate the public and other physicians through lectures and traditional television/online media. He is a frequent guest on the today show, good morning America, Fox Business, American One Network and RT TV. Finally, Dr. Dombrowski’s interest have come full circle in addressing patients with chronic pain but also treating those patients who suffer with chronic addiction. So often he sees the intersection between chronic pain and addiction. Currently, Dr. Dombrowski is the medical director of three methadone treatment programs as well a detoxification facility. There, he assists patients understanding chronic pain and can encourage these individuals to look at other management techniques outside of narcotic-based therapy.

Shameka Dorrough
Shameka Dorrough is the clinical team lead for the FEP Birmingham Team. Shameka has a Bachelor of Science Degree in Criminal Justice from Miles College and is a proven compassionate advocate for those most vulnerable. Shameka received a master’s degree in Counseling from Alabama State University. As the FEP team leader Shameka Dorrough is responsible for clinical assessment and therapy for the FEP participants and their families. She is the driving force behind monitoring and improving the quality of services delivered to FEP participants. Shameka has demonstrated with unique vigor, her ability to respond to delicate issues with skillful creativity.

Patrick Faircloth
Dr. Patrick K. Faircloth, PhD, LPC-S (AL) LPC (MI), NCC, AMHCA Diplomate, is a Tenured Associate Professor at Troy University, Division of Counseling and Rehabilitation. In brief, Dr. Faircloth has worked in private practice, community,
agency and university settings for over fifteen years as a clinician, supervisor and researcher. He has conducted counseling, supervision, research, or presented on the following areas: End of Life Issues with Later Stage Adults, Ethics Scope of Practice and Standards of Care, Gender & Career Issues, Police and Military Issues, Masculinity Issues, Assessment and Testing Issues, Trauma and Grief Issues, Attachment Issues, Bullying/Cyber bullying Issues, Student At-Risk Issues, Suicide, various LBGT+ Issues – especially with ethics and standards of care with Transgender clients, Group Work Practice, Research, Corporate and Personal Sustainability.

**Brian Fluker**

Brian Fluker is a youth peer with the FEP team and is a certified peer support specialist. He has been with the organization for over a year and is a person who is living with a mental health condition. In all the ways that matter, he is just like you. Brian also works closely with our NAMI (National Alliance on Mental Illness) organization. He is also a trained NAMI Connections Recovery Support Group facilitator, where peers come together to care for and understand each other. It’s through this community that he found belonging and the closest of friends. Brian looks forward to helping youth reintegrate successfully back into their community, as he knows that recovery is possible.

**Barbara Fowler**

In 2016, Barbara began a film production, media and advertising company, Fowler Davis, LLC. They produce TV commercial campaigns, corporate videos, HR/training videos, awareness campaigns, branding and communications, web site development and mobile apps. They began their division, Fowler Davis Entertainment, to produce family-oriented and faith-based TV shows, short/feature films and documentaries that make a difference in the lives of others and spark change in our society. Fowler Davis Entertainment has produced several documentaries and is currently in development of other film projects and educational video curriculum. Their love of storytelling, revealing truth and sharing stories that engage audiences and bring stories to life is why they recently produced a film on human trafficking. With extensive knowledge in the anti-trafficking movement, Barbara is a passionate and caring advocate that lends her voice to spread awareness and education, thus leading to empowerment and prevention of human trafficking. Their short film on human trafficking, Hidden Gem, inspired by actual events in the United States, has won numerous awards and is helping to spread awareness and education nationally. Barbara is Vice-Chair of the Awareness and Communications Committee for the Child Trafficking Solutions Project Coalition and was recently appointed to the Legislative Committee in Alabama to assist drafting anti-trafficking bills for the 2020 legislative session. She has shown their film and spoken at several events including The Children's Trust Fund Conference in Birmingham, Alabama, Pediatric S.A.N.E. Conference in Montgomery, Alabama, and recently was a panel member and speaker at Flicks4Change Film Festival in Washington, D.C. where their film was chosen out of 160 films globally and won the highest award out of the final 16 films for the “Film Most Likely to Inspire Social Change.”

**Brent Fox**

Brent Fox is originally from Daphne, Alabama. He is an Associate Professor of Health Outcomes Research and Policy in Auburn University’s Harrison School of Pharmacy. Dr. Fox’s teaching, research, and outreach programs are characterized by two broad domains: pharmacy informatics education and the use of health information technology (HIT) in pharmacy practice. He has several columns in national pharmacy publications and has delivered more than 300 presentations, posters, and papers on the integration of information technology into health care systems. He coauthored 2 texts on informatics, both published by the American Pharmacists Association. Brent is an active member of the American Society of Health-System Pharmacists (ASHP) and the American Association of Colleges of Pharmacy. In 2012, ASHP recognized Brent’s service with the Distinguished Service Award for the Section of Pharmacy Informatics and Technology. Also, in 2012, the Auburn University Alumni Association recognized Brent’s professional accomplishments with the Young Alumni Achievement Award. Brent’s outreach activities were recently recognized with the Excellence in Outreach Award from the Harrison School of Pharmacy. He is a former Fellow with the American Foundation for Pharmaceutical Education and current Fellow of the American Society of Health-System Pharmacists.

**Jermaine Galloway**

Officer Jermaine Galloway is a nationally and internationally recognized presenter, a four-time national award winner, and an international award winner. Galloway is a national expert in alcohol and drug trends and is a resource for those involved with prevention, education and enforcement. Officer Galloway began his Idaho law enforcement career in 1997
and has more than 20 years' experience in alcohol and drug education, enforcement and prevention. Officer Galloway currently dedicates thousands of hours to community scans, research and substance abuse identification in large and rural communities across the country. Officer Galloway currently provides nationwide training to coalition members, law enforcement, educators, youth, counselors, probation, treatment, health professionals, judges, university officials, and community members. Over the last three years, Officer Galloway has trained more than 120,000 people nationally and internationally. Once in a specific community, Officer Galloway frequently conducts a community scan – working his way through several of the local alcohol & drug promotion retail locations. He also interviews hundreds of individuals at various festivals, events and retail locations. Galloway trains on several different alcohol and drug topics, including: drug trends, alcohol and energy drinks, underage drinking, e-cigarettes & vaping, synthetic drugs, marijuana concentrates / dabbing, marijuana extraction labs, EDM events, inhalants, party patrols, fake ID’s, party drugs, over-the-counter drugs, cough medicines, herbal drugs, designer drugs, physical signs and symptoms, the influence of drug legalization, marijuana edibles, stash compartments, drug concealment methods, alcohol and drug clothing, logos, and identifiers.

**Joseph Gerstein**

Joseph Gerstein, MD, FACP, a retired Clinical Assistant Professor of Medicine from Harvard Medical School, introduced Rational Recovery into the greater Boston area before becoming the founding president of SMART Recovery, in 1994. He reprised his role as president for the 2017-2018 term. Dr. Gerstein is responsible for the widespread penetration of the Massachusetts medical environment by the SMART Recovery program. He has personally facilitated over 3,000 SMART Recovery meetings, almost 800 of which were held in prisons, and he has invented tools currently used in the program. Dr. Gerstein has delivered approximately 100 lectures and workshops on SMART Recovery, including those at Harvard Addiction Symposiums, the International Association of Addiction Medicine meeting in Helsinki, and other national and international venues. Dr. and Mrs. Gerstein introduced SMART Recovery into Great Britain (UK) and Australia (AU). The former professor served on the Board of SMART Recovery UK and AU and helped grow the former to its present sponsorship of almost 500 weekly meetings, over 80 of which take place in prisons. He is also responsible for the introduction of the SMART program into Uzbekistan, Vietnam, South Africa, Namibia, and Trinidad & Tobago. Dr. Gerstein wrote the chapter on "Alternatives to the 12-Steps" in the 2nd Edition of the ASAM Textbook of Addiction Medicine.

**Doug Gilmer**

Doug Gilmer is a Supervisory Special Agent and Resident Special Agent in Charge of the Homeland Security Investigations (HSI) field office in Birmingham, Alabama. HSI is the largest investigative component within DHS and is responsible for carrying out criminal investigations covering over 400 federal statutes. The HSI Birmingham office is responsible for the Department’s investigation mission throughout most of northern Alabama as well as eastern Alabama to the Florida line. Prior to his assignment in Birmingham, Doug served over three years as Deputy Chief of the National Joint Terrorism Task Force (NJTTF) and the Senior DHS Representative to the FBI’s Counterterrorism Division where he managed the participation of all Department of Homeland Security (DHS) components on Joint Terrorism Task Forces nationwide and provided leadership and subject matter expertise on DHS programs related to the counterterrorism mission as well as those counterterrorism initiatives and programs with a DHS nexus. Today, Doug brings his experience in the field of counterterrorism investigations and applies it to tackling crimes such as human trafficking. Doug is a Certified Human Trafficking Investigator. A 30-year law enforcement veteran, Doug has served in a variety of uniformed and investigative capacities at the local, state, and federal levels. His federal career began as Special Agent began with the former Immigration and Naturalization Service, prior to the creation of the Department of Homeland Security. He has spent the last 15 years of his career working primarily national security and counterterrorism investigations in the field as a Special Agent, supervisor, and at headquarters in various supervisory and liaison roles as well as time spent as the Chief of Human Rights Violators and War Crimes Unit and the interagency Human Rights Violators and War Crimes Center. These assignments have allowed him to work around throughout the world in support of U.S. interests. In September 2019, after more than two decades of service, Doug retired from the United States Coast Guard Reserve, where in his last command, he served as the Reserve Command Master Chief of the Coast Guard’s Fifth District where he was responsible for an area from New Jersey to North Carolina, including about 5700 personnel, four Coast Guard Sectors, two Air Stations, and 12 Coast Guard Cutters. In addition to his undergraduate education and graduate degrees from Virginia Tech and Luther Rice University, his military career has afforded him the opportunity to complete
courses of study at the Joint Special Operations University, Joint Forces Staff College, the National Defense University, and the Defense Equal Opportunity Management Institute.

Marsha Gonzales
Marsha Gonzales is the Child and Adolescent Resource Specialist working in the Mental Illness Community Programs Division of the Alabama Department of Mental Health. She has 18 years of experience working with youth and high needs populations combined with formal education in counseling psychology and child & family sociology. She has been working with the Alabama Department of Mental Health for 3 years. In her current position, she works closely with Juvenile Courts throughout the state, DHR social workers, mental health providers, and a variety of other child serving agencies to ensure the youth of Alabama receive the best services to meet their mental health needs.

Gia Gunn-Purifoy
Gia Gunn-Purifoy received her Bachelor of Science degree in Psychology from Auburn University Montgomery and is currently a master’s candidate at Northcentral University. Gia has worked in the methadone treatment and has been with the Alabama Department of Corrections for approximately fifteen years as a counselor and drug treatment specialist working with violent offenders and gang members. She also has training in trauma and violence as well as attended leadership trainings and currently studying community health components for her master’s program in Health Psychology.

Bryan Hall
Bryan Hall II, LCSW received his graduate degree from the University of Connecticut School of Social Work and has worked in child welfare, adult probation services and law enforcement in excess of seventeen years. Mr. Hall’s clinical background consists of treating adolescents with persistent legal issues and/or mental health disorders. Mr. Hall is the co-founder of I AM Training and Consultation Group LLC. Mr. Hall has been an active contributor of efforts to eradicate sex trafficking including training hundreds of probations officers, social workers and providers. Mr. Hall has been instrumental in the development and facilitation of prevention programming aimed at educating participants on various topics inclusive of sexual exploitation designed for adolescents, young adults and families under the umbrella of I AM: The Empowerment Project. Mr. Hall is an adjunct faculty member and teaches at the college level.

Captain Clay Hammac
Captain Clay Hammac is the Commander of Shelby County’s multi-jurisdictional Drug Enforcement Task Force. He leads a division of highly trained and specialized criminal investigators, who specifically focus their efforts to intercept the sale and distribution of illegal narcotics. Capt. Hammac is a career law enforcement officer, who has specialized in violent crime investigations, organized crimes, electronic, financial, and white-collar criminal investigations. He has previously testified before the U.S. Congress during a committee hearing as an expert witness of law enforcement’s investigative techniques used to track white collar and organized crime networks. He was also name one of the Top 40 Under 40 law enforcement leaders, worldwide, by the International Association of Chiefs of Police. In the past year, Clay’s team of narcotics investigators have made more than 1,000 criminal cases against drug dealers, disrupted more than three dozen organized narcotics supply chains, and taken down four organized criminal enterprises involved in the sale and distribution of drugs throughout multiple states. Clay also serves as the Director of Compact 2020, which is Shelby County’s initiative to address the needs of drug education, prevention, enforcement, and intervention among juveniles and justice-involved adults. Compact 2020 is a multi-jurisdictional effort comprised of four school systems, five municipal governments, the Shelby County Commission, Shelby District Attorney’s Office, and five different law enforcement agencies. Clay Hammac and his wife are also foster parents in Shelby County, and have opened their home to love and serve more than 25 children in the past ten years, many of whom were born with lingering effects from substance abuse. He is a graduate of the University of South Alabama with an undergraduate degree in Finance and Banking and holds an M.B.A. with a focus in Accounting and Management.

Dana Hartsfield
Dana Hartsfield, BS, MSC is a native of Louisiana. After overcoming a life of trauma, violence and addiction, she obtained a BS in Psychology and a master’s in counseling to help fulfill her desire to share her experience, strength and hope with other women. Ms. Hartsfield has been working in the field of recovery for 14 years and is currently employed by the
Alabama Department of Corrections as a Drug Treatment Counselor at Julia Tutwiler for Women. She wishes to eventually obtain licensure.

Roslind Hayes
Roslind Hayes, BS, CPS, CPS-AD has been an employee of the Georgia Mental Health Consumer Network since 2010. Her current position is that of Statewide Coordinator of GMHCN’s five Peer Support, Wellness, and Respite Centers. Roslind provides support, oversite, and training to the Peer Support, Wellness, and Respite Centers’ directors and staff. In addition to her responsibilities with the PSWRCs, Roslind supports GMHCN as a trainer/facilitator. She is a guest facilitator with the Certified Peer Specialist Project, and lead facilitator and trainer of trainers for the Trauma Informed Care Project. Roslind is also a facilitator and trainer of trainers of Peer Zone. She is an Intentional Peer Support facilitator, responsible for training PSWRC staff, she also contracts with the Georgia Council on Substance Abuse providing IPS training. Roslind is a go to contractor with the Intentional Peer Support Organization, working as a co-facilitator delivering 5-day core trainings around the country.

Margaret Helm-Graham
Margaret E. Graham earned her Master of Social Work from Alabama A&M University in 2013. She currently holds the Advanced Alcohol Drug Counselor Certification and served on the AADAA Board for two terms. Mrs. Graham has worked in OTP since 2003 as a counselor and is now the Clinical Director at New Season Huntsville. During her tenure at New Season she has developed a training program for new counselors, provided supervision to clinicians, and co-leads the clinical audits of the program which recently gained them a nomination for The Premier Substance Abuse Program in the State

Carrie Hill
Carrie Hill has been a Juvenile Probation Officer in Jefferson County since 2005. During her career, she has held several specialized caseloads to include pre-adjudication, DHR and Human Trafficking. She is Co-Chair of the Child Trafficking Solutions Project – a coalition of local government and community partners working together to combat Domestic Minor Sex Trafficking in the Greater Birmingham Metro Area. As co-chair of this project, Carrie has trained nearly 3000 first responders on recognizing human trafficking to include the entire Birmingham Police Department, Jefferson County DHR, Jefferson County Family Court, medical personnel and other local police officers. She also started the VOICES docket in Jefferson County – a specialized docket designed to address the complex needs and high-risk factors of children determined to be at high risk for, or already involved in, human trafficking. Carrie is trained in Motivational Interviewing and is a Certified Forensic Interviewer. Prior to her career at Family Court, she worked in the Mental Health field providing In-Home counseling services to children who were at risk of being removed from the home, and their families.

Cary Hopkins Eyles
Cary Hopkins Eyles, MA, CAP, is the Assistant Director of the UTC Coordinating Center for North American Universities in the Mental Health Law & Policy department at the University of South Florida, as well as the Coordinator for the International Consortium of Universities for Drug Demand Reduction (ICUDDR). She has more than 12 years of experience running programs in non-profit organizations for persons with substance use and mental health disorders – criminal justice programs, residential treatment, and outpatient programs. She was also a director of training; she has trained nationally, at statewide Florida conferences, and internationally. Her research, presentations, and training courses focus on a range of criminological, behavioral health, and practitioner wellness areas including: typologies of offenders in school shootings, the juvenile death penalty, gender specific addiction treatment, trauma-informed care in behavioral health, motivational enhancement and stages of change, domestic violence, co-occurring capable care, authentic self-care for addictions professionals, and mindfulness. She is a registered yoga teacher with over 20 years of yoga experience.

Jason Hunt
Jason M. Hunt, MD, is an assistant professor of addiction medicine at the University of Florida College of Medicine, where he joined the faculty in 2017 to practice at the UF Health Florida Recovery Center. Dr. Hunt earned his medical degree from the University of Illinois in 2002. He then completed an obstetrics and gynecology residency at the
University of Louisville in 2006. Dr. Hunt completed a fellowship in addiction medicine at the University of Florida in 2017. Dr. Hunt has also worked as a drug and alcohol counselor (AADC) and has served on the Board of Directors of the Pathfinder Inc., www.FORMLL.org and the Alabama Alcohol and Drug Abuse Association (AADAA). He is also a Peer Mentor for the Florida Alcohol and Drug Abuse Association (FADDA) and Dept. of Children and Families (DCF) providing education on prevention and treatment of opioid use disorder throughout the state of Florida. His current responsibilities as an attending physician with UF Health includes the evaluation and management of impairment in Healthcare professionals and others safety sensitive positions...Dr. Hunt cares for patients in several medical settings including the dual diagnosis unit at UF Health Shands Psychiatric Hospital, consulting at UF Health Shands Hospital and the Florida Recovery Center (FRC). His interests and expertise are in ob/gyn, specifically opioid use disorders in pregnancy, substance use disorders and co-occurring psychiatric disorders. As an assistant professor he teaches 2 classes for the University of Florida College of Medicine: Addiction Referral and Service Coordination and The Junior Honors Medical Program, Translational Neuroscience.

**Cherry Wyant Jackson**

Dr. Cherry W. Jackson is Professor of Pharmacy at the Auburn University Harrison School of Pharmacy and Clinical Professor of Psychiatry and Behavioral Neurobiology and clinical specialist at the University of Alabama, Birmingham. She has been actively involved in working with patients with psychiatric disorders for the past 30 years.

**Sharon Jenkins Tucker**

Sharon Jenkins Tucker is the Executive Director of the Georgia Mental Health Consumer Network, Inc. She was awarded the 2010 Isaiah Uliss Advocate Award by the Psychiatric Rehabilitation Association (PRA) and the 2009 Clifford W. Beers Award by Mental Health America. Sharon is the Chair of the Behavioral Health Services Coalition and Chair-Elect of the Georgia Behavioral Health Planning and Advisory Council. She previously worked for the West Virginia Mental Health Consumers’ Association and directed their Mental Health Consumer Network and the West Virginia Office of Consumer Affairs. Prior to that, she was a Behavioral Health Advocate for Legal Aid of West Virginia for nine years. Sharon is a person in recovery from behavioral health concerns and holds the credential of ITE (I’m the Evidence), I’m the evidence that recovery works. She has extensive experience with the recovery and wellness movement and has expertise with WRAP facilitation, Leadership Academy training, peer workforce development, advocacy, and mind/body/spirit wellness. Sharon is a Certified Peer Specialist. Her degrees are from West Virginia University and she holds a master’s and Bachelor of Arts. She lives in Stone Mountain, GA with her husband Randy, their dog Mila and cat Scout.

**Chris Johnson**

Chris Johnson, MFA, CPS, CPS-AD is the Director of Communications for the Georgia Mental Health Consumer Network, where he is responsible for disseminating information about recovery and wellness opportunities to behavioral health peers and providers across the state, as well as grant-writing, public speaking, and supporting the development of programs, curricula, and presentations. Prior to joining GMHCN, Chris had a career on Wall Street, where he worked as an analyst at Moody’s Investors Service in his twenties, before returning home to Georgia, where he taught at the Savannah College of Art and Design and Georgia Southern University. He began providing addiction recovery support at Pineland BHDD in Statesboro before being recruited by the Georgia Council on Substance Abuse to provide development support across Georgia to communities seeking to provide assistance to the addiction recovery community. Since joining GMHCN, Chris has contributed to the significant expansion of the outreach and impact of GMHCN at the local, state, and national level. Chris lives in Midtown Atlanta with his basset hounds Albus and Bilbo.

**Ed Johnson**

Ed Johnson obtained a bachelor’s degree from Auburn University and a master’s degree in Clinical Counseling from the Citadel. Ed has been with the Southeast Addiction Technology Transfer Center (Southeast ATTC) located at the National Center for Primary Care, Morehouse School of Medicine in Atlanta since March 2010 and currently is the Director of Training and Technical Assistance. For the previous twenty (20) years, he held various clinical positions at Charleston Center (Charleston County Department of Alcohol and Other Drug Abuse Services) in Charleston, South Carolina, working in the Opioid Treatment Program (OTP) and HIV Early Intervention Service. He has provided numerous trainings in the Southeast on Recovery-Oriented Systems of Care, Professional Ethics, HIV/Addiction, Opioid Use
Disorders/Treatment and issues related to Lesbian, Gay, Bisexual and Transgender (LGBT) Individuals and Addiction and Clinical Supervision He is currently credentialed/licensed as a Master Addiction Counselor (MAC), a Certified Clinical Supervisor (CCS), and a Licensed Professional Counselor (LPC).

Audrey Jordan
Audrey has worked at the Alabama Attorney General’s Office since 2004. During this time, she has represented the State in both capital and non-capital criminal cases. She has handled cases in juvenile and circuit court, in the state and federal appellate courts, and in state postconviction proceedings. In 2017, Audrey became the human trafficking coordinator for the Attorney General’s Office. She is Attorney General Marshall’s designee on the Human Trafficking Task Force for the Middle District of Alabama, sits on the Advisory Board of the Alabama Statewide Human Trafficking Protocol Project, and is a member and Vice Chairperson of the Alabama State Human Trafficking Task Force. She also assisted drafting the 2018 legislation amending Alabama’s human trafficking provisions. She has spoken at several events, including the 2018 Winter District Attorney’s Conference, the federal Human Trafficking Seminar for law enforcement and prosecutors, and the 2019 End It Summit. Audrey holds a bachelor’s degree in Justice and Public Safety from Auburn University of Montgomery and a Juris Doctor degree from Cumberland School of Law.

Jan Kavookjian
Dr. Kavookjian has a behavior science focus in outcomes research, with nearly twenty years of experience applying an adult learning theory basis for motivational interviewing (MI) training for providers across health professions and teaches advanced MI electives (PharmD and PhD programs). She was co-founder of the Auburn University Motivational Interviewing Training Institute (2007) and has trained over 3,000 providers across health professions. Her research includes outcomes from provider intervention for disease management, particularly using MI for self-management behaviors in diabetes and other chronic conditions, and prevention initiatives including opioid abuse prevention and vaccination uptake. She has published her research in peer-reviewed journals (e.g., Quality of Life Research, AIDS Care, Patient Education and Counseling, Clinical Therapeutics, Research in Social & Administrative Pharmacy, Journal of the American Pharmacists Association (APhA), Diabetes & Complications, Diabetes Educator, Self Care, Translational Behavioral Medicine, and others), was selected to conduct the American Association of Diabetes Educators (AADE) ‘Being Active’ systematic review, developed several AADE invited webinars related to MI, serves on the AADE Research Committee, and is currently serving a term on the AADE Board of Directors. She was recently invited by the CDC/NDEP to lead a panel of MI experts in a national webinar for MI in diabetes care, was invited to deliver an MI webinar for the Population Health Improvement Learning Collaborative, was invited for an MI program and mini training workshop at the American Diabetes Association 31st and 32nd Clinical Conferences, wrote the MI book chapter for American College of Clinical Pharmacy PSAP book 8, gave three featured MI training programs for APhA Foundation Advanced Practice Institutes for Diabetes, was named by the National Community Pharmacists Association as the 2015 Outstanding Adherence Educator, and was named in 2018 as a Fellow of APhA. Dr. Kavookjian was invited in 2016 to join the Merck Speakers Bureau as expert faculty for non-branded medical education topics for Motivational Interviewing, for Shared Decision-Making, for Health Literacy Communication, and for Cultural Competence. Dr. Kavookjian is frequently invited to give presentations or provider/educator training for MI and other communication skills at national and local meetings and for MI curricular integration in health professions schools.

Brandy Klingman
Brandy Klingman has been a healthcare provider of mental health and substance abuse for over 15 years. She has trained and is certified in several clinical interventions and now serves as clinical supervisor and advisor to 5 different Universities and over 10 different Educational Departments including LSU, University of New Orleans, and Southeastern Louisiana University’s graduates and doctoral departments. She is proud to be an owner of a behavioral health center for over 8 years and serve as CEO to STC Addiction Wellness. She is proud to have started the first adolescent freestanding Mental Health and Substance Use Partial Hospitalization Program in Louisiana. Ms. Klingman is a well-known mental healthcare consultant nationally and most recently has begun international consulting work to improve behavioral healthcare around the world through collaborative educational outreach. She is a member and presenter of the Louisiana Group Psychotherapy Association, American Group Psychotherapy Association, Louisiana Learning Disability Coalition, GBR Opioid Task Force and many more.
Belinda Kock
Belinda Kock is a resident of Cottondale, AL and is the owner of Free 2 Grieve Bereavement Coaching. I am a graduate of The University of Montevallo, with my M.Ed. in Counseling with an emphasis on Clinical Mental Health. I am a Nationally Certified Counselor with the NBCC and has received my Certification of Thanatology from the Association for Death Education and Counseling. The last 3 years I have worked as a sexual assault counselor, substance abuse counselor, and worked with families in danger of losing custody of their children through my private counseling practice, but the passion for grief work only continued to grow as I saw how many of my clients’ issues stemmed from unresolved grief. She now works as a life coach that specializes companioning the bereaved through their grief journey.

Zach Ludwig
Zach Ludwig is the Director of Clinical Record Logistics and Continuing Education for Bradford Health Services. He is a Licensed Professional Counselor in Alabama, a Licensed Professional Counselor with Mental Health Service Provider designation in Tennessee, and a Licensed Mental Health Counselor in Florida. He has experience working adults, adolescents, and families of those struggling with substance use disorders and has worked for Bradford since 2011. He worked as a primary counselor and clinical program director at one of Bradford’s outpatient locations in Tennessee prior to assuming a position as Corporate Director of Clinical Programs from 2016 through 2018. In his current role he is part of a team that develops and provides oversight for clinical services and provides continuing education to staff across Bradford Health Services locations.

Karen Falck Marlowe
After graduating from Auburn University, she completed her pharmacy practice residency at Children’s Healthcare of Atlanta and then a clinical position with Children’s working with the cardiac intensive care and cardiopulmonary transplant units. In 2000, she accepted an appointment with Auburn University with a practice affiliated with the University of South Alabama Medical School, Department of Internal Medicine. She provided care for inpatient internal medicine patients but maintained a consult service and patient advocacy program for patients with chronic pain or terminal illness. Her research interests revolve around the attitudes/perceptions of practitioners regarding chronic pain patients and how that impacts the care they receive. For the last eleven years, I have served as the Assistant Dean of the Mobile Satellite Campus for the Harrison School of Pharmacy. She is also serving on a state task force looking at the quality of hospice/palliative care in Alabama.

Jerria Martin
Jerria Martin serves as a substance abuse prevention and leadership consultant, headquartered in historic Selma, Al. Jerria currently runs two federal grants out of the Executive Office of the President of the United States, and also serves as a prevention consultant for the federal government with the Substance Abuse and Mental Health Services Administration (SAMHSA), Community Anti-Drug Coalitions of America (CADCA) and regional prevention consultant for the Opioid Response Network. As a minister and leader, Jerria’s vision, strategies and communication skills have helped influence public policies with programs that reach out across the cultural divide. With a bachelor’s degree in English from Stillman College and a Master of Divinity degree from Princeton, Jerria has preached and presented nationally and internationally, working with a host of world renown leaders. Jerria currently serves as President of the Rotary Club in Selma, Vice President of Leadership Selma, and Board Secretary of the Black Belt Community Foundation. In 2017, she was elected as an honoree of Birmingham Magazine’s 30 Women Who Shape Alabama and in 2016, as a Top 20 Under 30 Honoree. In 2018, Jerria was named a National TIAA Difference Maker, securing a $10,000 award for her organization, Drug Free Communities of Dallas County.

Patricia McCay
Ms. McCay earned a B.S.B.A. (Business Administration) degree in marketing and marketing and management from the University of Alabama in Huntsville in 1981. In 1993, she started The Consulting Group, Inc., a software consulting firm with customers across the United States. In 1999, she became a partner in TriTech Solutions, LLC, another software consulting firm serving a different nationwide software market. She founded the North Alabama Human Trafficking Task
Force in 2010 and has served as its Chair since that time. In 2014, Ms. McCay assisted in establishing the Alabama Human Trafficking Task Force and has served as its Secretary since its inception. She also serves as the Chair of the task force’s Community Relations and Awareness Committee; Co-Chair of the annual statewide Alabama Human Trafficking Summit; and Chair of the Alabama Human Trafficking Awareness Day each year in January. On behalf of the Alabama Human Trafficking Task force, she has participated as a member of the U. S. Department of Health & Human Services’ Region 4 (HHS/ACF) Human Trafficking committee from 2016 to present. Since February 2016, Ms. McCay serves as the President of the Board of Directors for Safe Harbor Youth, Inc., (formerly known as Tennessee Valley Family Services). Ms. McCay has received several awards for her extensive work in human trafficking: She was the 2017 recipient of the Interfaith Mission Service’s Charles L. Ray, Jr. Memorial Social Justice Award for her work with IMS’S Social Justice Committee as well as their “Daybreak in Alabama” Study Guide on human trafficking. In 2013, she received the University of Alabama in Huntsville’s “Alumni of Achievement Award”. In 2011, she was the Alabama recipient of the National FBI Director’s “Community Leadership Award”. She is a member and Past President (2003-2005) of the University of Alabama in Huntsville Alumni Association. Ms. McCay has held several Board of Director positions since becoming a member of Soroptimist including President, Membership Vice President, Director, and Corresponding Secretary. Since 2005, she has also been a member of Soroptimist International Southern Region. She has served as its Governor, Governor Elect, District Director, and currently serves as its Parliamentarian. As Governor, her duties included presiding over all clubs in Alabama, Florida, Georgia, Mississippi, Tennessee, Puerto Rico and The Bahamas. In 2012, she attended FBI Citizens’ Academy and graduated in May 2012. Since that time, she has been a member of the FBI Citizens’ Academy Alumni Association. She has also served as a member of her neighborhood’s Community Watch group for Cedarcrest community since 2011. Since 2013, she has been a volunteer for the annual Community Kite Festival, serving as its Sales Vendors Chair (2013-2017) and Co-Chair of the event (2017). Recently, she was appointed the 2018 Community Kite Festival Chair. Ms. McCay served as Chair of the Madison County Coordinated Community Response Task Force Against Domestic Violence & Sexual Assault from 2008 to 2011. The task force added human trafficking to its focus in 2010, making it one of its sub-committees. In 2012, the Human Trafficking Task Force was formed as a stand-alone group.

Shanna McIntosh
Shanna McIntosh, MS, AADC is the vital Director in the School of Social Work at the University of Alabama. She earned a master’s degree in Counseling and Psychology. Shanna has more than 10 years of experience as a substance use counselor, Mental Health therapist, a certified case manager and a treatment director. She serves as an advisory board member for the Parent Resource Institute of Drug Education of Tuscaloosa, as well as the Tuscaloosa Mental Health Alliance and is a co-founder of the West Alabama Recovery Coalition. In her current role as the Director of the vital program, Mrs. McIntosh works with the Alabama Department of Mental Health (ADMH), Alabama Department of Public Health, and Alabama Medicaid among other state agencies to oversee grants dedicated to improving wellness in the state of Alabama.

Matt McKenzie
Matt McKenzie is the Director of Clinical Services at Bradford Health Services. Matt holds membership in the Motivational Interviewing Network of Trainers (MINT) and uses his skill set as a trainer to provide workshops throughout Bradford’s southeastern regional offices. He is credentialed as a Licensed Professional Counselor in the state of Alabama and he received his master’s degree in clinical Mental Health Counseling from the University of Alabama-Birmingham. Matt was a team member that assisted in laying the groundwork for the Emerging Adult Program at Bradford Health Services, where experiential methods of adventure-based counseling models are currently employed. Matt’s journey of combining Motivational Interviewing with experiential counseling models has helped increase positive outcomes in program retention and aiding client’s in increasing their ability to access positive attributes to solve their own ambivalence. Matt is here today to share in a learning experience of experiential methods and MI language.

Mikki McMillan
Mikki McMillan has been a part of Celebrate Recovery since 2007. She has been a leader in this wonderful ministry since 2010. Mikki holds a bachelor's degree in Sociology from Methodist University in Fayetteville, NC. She is certified in
Mental Health First Aid. She is an Army Veteran and has a printing business with her husband, JD McMillan since 2007. She has 21-year-old son who just graduated Marion Military Institute and is looking to be a Police Officer. She has two step daughters that she helped raised ages 19 and 23. Celebrate Recovery that she is a leader of was the first Celebrate Recovery in Alabama. It was started at Decatur Baptist Church in 2002. Celebrate Recovery is in the Morgan County Jail and Limestone Detention Facility in addition to her Celebrate Recovery meeting at church. She has over 320 people complete a 12-step yearlong class in her 18 years of ministry. She currently has 18 men and women attending 12 step classes and 12 other leaders that help run the ministry.

**Rick Meriwether**

Richard Meriwether is currently serving as a Field Coordinator/Health Educator with the Alabama AIDS Education and Training Center (AETC), an initiative of Medical and Advocacy Outreach (MAO) of Alabama. He had been employed with the University of Alabama at Birmingham (UAB), Department of Medicine, Division of Infectious Diseases, as a Program Manager/Health Educator/Trainer beginning in 1994. Prior to his employment with UAB, he was employed by the Alabama Department of Public Health, STI/HIV/AIDS Divisions, as a Disease Intervention Specialist in the STI/HIV program. He has worked in several areas of STI/HIV prevention and control, i.e. epidemiology, research, surveillance, education, clinical/medical/community relations, etc. His work has allowed him opportunities for working with several medical entities, as well as community-based organizations in the areas of prevention education on both the individual and community-based levels.

**Elana M. Parker Merriweather**

Elana currently serves in the capacity of Director of Behavioral Health for Medical Advocacy and Outreach/Copeland Care Clinic. She is responsible for the integration of behavioral health services including substance abuse and mental health services into Ryan White Care settings. Elana works to develop the administrative, programmatic and clinical infrastructure for the integration of comprehensive behavioral health services to patients with co-occurring disorders. Previously, Elana worked at the Alabama Department of Public Health for 15 years where she served as a Health Services Administrator, AIDS Service Coordinator, Program/Training Coordinator, and Public Health Educator for the HIV/AIDS Division, Cancer Screening Division, Office of Minority Health, Office of Women's Health and Center for Emergency Preparedness. Elana has maintained an ongoing commitment of service to minority and underserved communities that have been impacted by social and health disparities. Elana has a background of service delivery to people living with chronic health conditions, individuals who are impacted by substance abuse and mental illness, incarceration and offender issues, individuals with disabilities, and homeless individuals. Elana has served as a trainer at numerous local, statewide and national conferences to address behavioral health issues including substance abuse, mental health, health disparities, and specialized topics that impact social and minority communities. Elana has acquired an Ed.S. in Clinical Mental Health Counseling from Alabama State University. Elana also received an M.Ed. in Community Agency Counseling and a Bachelor of Business Administration Degree in Marketing from the University of Montevallo. Elana is a member of the Alabama Alcohol and Drug Abuse

**Mark Miller**

Mark B. Miller, LMFT, LCADC has been a Director for Center for Behavioral Health Kentucky for over ten years. CBH-KY is an organization dedicated to helping patients with addiction obtain a better life by using medically assisted treatment interventions, counseling, and general support. He is the state director over all five of the CBH offices in Kentucky: Elizabethtown, Bowling Green, Frankfort, Richmond, and Louisville. He is a surveyor for CARF and has seen the impact of opioid addiction throughout the nation. He has given talks throughout Kentucky on addiction and addiction treatment. He was President of the Board for MensWork, Inc: Eliminating Violence Against Women and promotes male leadership to encourage healthy relationships and ally with other men to stop violence against women. He has a loving wife, daughter, and dog at home.

**Paul Moon**

Paul has a BA in Psychology, MEd in Community Counseling, and PhD in Adult Education. He is a certified Grief Counselor (GC-C) and Fellow in American Academy of Grief Counseling (FAAGC). He has worked in social services, mental health counseling, and bereavement care for two decades. Currently, Paul’s is the Infant Mortality Project Coordinator through the School of Social Work at the University of Alabama (UA) and a staff of the Vital Team (collaborative initiative
between UA School of Social Work and Alabama Department of Mental Health). As project coordinator, his work focuses on providing SBIRT training to OB-GYN providers in Alabama and serves as part of a broader task force for the State of Alabama Infant Mortality Reduction Plan.

Denice Morris
Denice attended Tuskegee University and Miles College receiving her bachelor’s in criminal justice and later received a double masters from the University of West Alabama in Counseling Psychology and Adult Continuing Education. She began her career in the substance abuse treatment field at the Aletheia House in Birmingham, AL in 2004. She has also served as Clinical Supervisor and later Director of Substance Abuse, Vocation and Re-entry services at Gadsden Correctional Facility in Tallahassee, FL. Her current occupation is with the Alabama Department of Mental Health Substance Abuse Division as a program manager for certified substance abuse treatment facilities across the state.

Richetta Muse
Richetta Muse, M.S., has worked in the mental health field for 3 years and currently holds the position of Resource Specialist of Adult Mental Illness Services at the Alabama Department of Mental Health. She is involved in monitoring community based mental health services for adults with serious and persistent mental illness. Much of her daily work focuses on special incident reporting, Medicaid provider enrollment, and addressing the resource needs consumers and families throughout the State. She earned a Master of Social Work degree from The University of South Carolina. Her mental health experience spans a variety of community mental health service areas to include Residential, Day Programs, School-based programs, and Outpatient services for both adults with serious mental illness and children with serious emotional disorders.

Merrill Norton
Dr. Merrill Norton is a Clinical Associate Professor at the University of Georgia College of Pharmacy with his specialty areas to include psychopharmacology and addiction pharmacy. He has also been a faculty member of the Fairleigh-Dickinson University Postdoctoral Training Program in the Masters of Psychopharmacology, Alliant International University of San Francisco College of Psychology, University of Georgia School of Continuing Education, and Berry College in the areas of Psychopharmacology and Addiction Pharmacy. His area of specialty in addiction pharmacy is the management of chronic pain in the addicted patient. Dr. Norton completed his undergraduate and graduate work at the University of Georgia College of Pharmacy. He accomplished a 3-year addiction medicine fellowship under the direction of Douglas Talbott MD at Ridgeview Institute and has state, national, and international credentials in the treatment of mentally ill/addicted/chronic pain individuals. Recently, Dr. Norton received an Emmy from the National Academy of Television Arts & Sciences’ Southeastern Chapter for his work on the Spanish language documentary Prescription Drugs, Legally Dangerous. The award was presented to a collaboration of experts in the field of addiction pharmacy and medicine for their participation and contributions to the production, which describes the dangers of prescription drug abuse in Latino populations. Winning in the Topical (Environmental) category, the documentary was produced by CETPA (Clinic for Education, Treatment and Prevention of Addiction), Georgia’s first and only Latino behavioral health agency providing counseling and prevention services, along with the Univision Network, the 5th largest television network in the U.S. Dr. Pierluigi Mancini, CETPA’s founder and executive producer of the documentary, expressed his gratitude to Dr. Norton for his contributions to the documentary. “Dr. Norton was able to clearly articulate the effects and dangers of prescription drugs regardless of whether the drug was administered for medical or nonmedical use. He did so in a way that our intended audience could understand. We could not have asked for a better expert.” Dr. Norton also was honored by the Georgia Addiction Counselors Association in receiving the prestigious Distinguished Service Award for 2015. The award is bestowed on individuals for recognition of their long-term support and commitment to the treatment and welfare of those affected by alcohol and drug addiction in Georgia and nationally. Dr. Norton’s efforts of educating thousands of behavioral health practitioners nationally to the disease states of substance use disorders and his dedication to the early prevention and intervention of addictive disease in Georgia’s families makes him a person uniquely qualified for this award. Also, Dr. Norton was the 2009 recipient of the Georgia School of Addiction Studies (GSAS) Excellence in Addiction Treatment Individual Achievement Award “for his unselfish dedication to the treatment of addicted families, not only in the state of Georgia, but nationally.” Dr. Norton was recognized by the GSAS Board of Directors for the ongoing development of undergraduate and graduate curriculum and drug research in the area of
addiction pharmacy. His book, The Pharmacology of Psychoactive Chemical Use, Abuse, and Dependence, and his DVD series, “The Hijacking of the Brain” have been used to train thousands of mental health professionals nationally; they have become the standards of teaching excellence in the addiction treatment profession. His new books, The Pharmacology of Substance Use Disorders and The Practitioners’ Guide to Opioid Use Disorders were released in 2018.

Cardwell C. Nuckols
Dr. Cardwell C. Nuckols is described as “one of the most influential clinical and spiritual trainers in North America.” He has served the behavioral medicine field for over 40 years and for the last 25 years is considered one of the leading experts in the world on addiction and recovery. Dr. Nuckols is widely published, having authored more than 65 journal articles, 30 books and workbooks, 50 DVDs, CDs and videos, and 25 audiotape series. His latest book is entitled Finding Freedom Through Illumination: Realizing Christ Consciousness. His previous publication is a best seller entitled The Ego-Less SELF: Achieving Peace and Tranquility Beyond All Understanding. Dr. Nuckols’ first book Cocaine: Dependency to Recovery is also a trade best seller, as are, his booklets Quitting Heroin, Quitting Alcohol and Quitting Marijuana (Hazelden). He is the author of the book Healing an Angry Heart (HCI) and video Chalk Talk on Drugs with Father Martin (Kelly Productions). Dr. Nuckols’ background includes advanced work in such areas as medical research, pharmacology, neurobiology and psychology. His personal spiritual path has involved studies into various spiritual traditions predominately early Contemplative Christianity.

Melissa Peters
Dr. Melissa Peters completed residency in Pediatrics at Vanderbilt in Nashville, Tennessee and fellowship in Pediatric Emergency Medicine at Children's Hospital of The King's Daughters in Norfolk, VA, during which she pursued additional training in Child Abuse Pediatrics. She is Medical Director of The CHIPS Center for child abuse evaluation at Children’s of Alabama in Birmingham, AL and is board certified in General Pediatrics, Pediatric Emergency Medicine and Child Abuse Pediatrics. An attending physician on the inpatient child maltreatment service and in the Pediatric Emergency Department, her current educational, administrative, research and advocacy work are in Child Abuse Pediatrics.

Haley Phillippe
Dr. Haley M. Phillippe, Pharm.D., BCPS, BCGP, FASCP is an Associate Clinical Professor of Pharmacy Practice with Auburn University Harrison School of Pharmacy (HSOP), and Clinical Associate Professor of Family Medicine with the University of Alabama School of Medicine, Huntsville Campus. Her practice site is a large family medicine center, where she provides disease state management and pharmacotherapy services to patients, and actively educates medical residents, medical students, pharmacy residents, and pharmacy students. Dr. Phillippe also has more than 10 years of practice experience in skilled nursing facilities. Her professional interests include geriatrics, anticoagulation, diabetes, transitions of care, and drugs of abuse.

Mackenzie Phillips
Mackenzie Phillips – American Actress and author of the courageous New York Times bestselling memoir High on Arrival, and her equally successful book, Hopeful Healing: Essays on Managing Recovery and Surviving Addiction, is also currently enjoying her role as ‘Barb’ in Season 6 / Netflix, Orange Is The New Black and another Netflix show reuniting with series creator Norman Lear for the revival of One Day At A Time. Phillips rose to fame with breakout parts in 1973’s American Graffiti and ’70s sitcom One Day at a Time and is now making a different impact as a director at the Breathe Life Healing Center in Los Angeles where she specializes in trauma, drug, and alcohol treatment and recovery. The daughter of The Mamas and the Papas lead singer John Phillips, Mackenzie a survivor of substance abuse and a visible and outspoken advocate for addiction awareness and education who brings her knowledge and voice on the subject of recovery and shares her experiences for those who are trying to overcome addiction. Mackenzie Phillips grew up in a dysfunctional environment and subsequently battled a near-fatal drug addiction. She presents the wisdom she gained from her own personal journey through addictions and her understanding of practical treatment from her work as a rehabilitation counselor. Using her own life experiences as examples of proven recovery methods, she shares the tools and holistic approaches that are available to help those on their way to recovery.
Marc Pimsler
Since 2004 Marc Pimsler has worked in a variety of counseling and consulting capacities. Marc serves as the Chief Creative Officer for MVP Consulting. Marc is as passionate about doing clinical work, as he is counselor education and supervision. Marc maintains a private practice where he serves individuals and families in need, specializing in addressing addiction, shame and trauma. Marc is excited about the release of his first book Facilitated Growth Experiential Activities for Recovery & Wellness. Marc was the 2010 Georgia new counselor of the year for the Georgia Addiction Counselor Association and has been recently inducted into the 2017 National Board for Certified Counselors Minority Fellowship Program – focused in Addictions. He is certified as a national master addictions counselor, nationally certified counselor, certified clinical supervisor, certified yoga and meditation teacher, and is a certified practitioner and trainer with the Institute for Rapid Resolution Therapy. Marc has been intensely trained in multi modal experiential therapy as well as psychodrama. Marc is passionate about recovery, both his own as well as his clients’, believing that sometimes all we need is a helping hand and a fresh perspective. Grounded in the belief system that everyone has the capacity to recover, Marc brings humor, spirituality, and creativity to everything he is involved in.

Janee Robinson
Janee Robinson, BS in Criminal Justice, MBA currently a Drug Treatment Counselor with the Alabama Department of Corrections working with violent offenders and gang members. She has worked with the Alabama Therapeutic Education Facility as a counselor and instructor. Ms. Robinson serves as an Associate Prevention Specialist (APS) and Certified Adolescent Alcohol and Drug Abuse Professional (CAADP).

Fayette Royal
Faye Royal is the Tobacco Prevention and Control Coordinator with the West Central District Health Department based in Tuscaloosa, AL. Faye is a 29 ½ year veteran employee with the Alabama Department of Public Health and is currently in her 16 year as tobacco control coordinator.
Faye is a two-time graduate of the University of Alabama, Tuscaloosa, AL, where she received both a Bachelor of Science Degree in Food and Nutrition and Master of Arts in Health Studies.

Debbi Sims
Debbi Sims is a career Substance Abuse Counselor and Administrator with 28 years of experience in the direct care treatment setting – primarily in outpatient and residential treatment services. She holds a master’s degree in Marriage and Family Counseling, is a National Board-certified counselor, a master’s Addiction Counselor, and holds a certification as an Alcohol and Drug Counselor with the Alabama Alcohol and Drug Abuse Association. Debbi was previously employed with the Substance Abuse Programs of UAB, Chilton Shelby Mental Health Centers, and Bradford Health Services. She is employed with the Alabama Department of Mental Health in the Substance Abuse Division as Adult Treatment Services Coordinator managing methadone and MAT programs certified by ADMH across the state of Alabama.

Jennifer Smith
Jennifer Smith, LMSW is the SBIRT Project Coordinator at the University of Alabama. She earned a master’s degree in Social Work from the University of Alabama. She has more than 10 years of experience in the areas of Child Welfare, Mental Health, and Substance Use. In her current role as SBIRT Project Coordinator, Mrs. Smith assists with training social workers and other healthcare providers to provide screening, brief intervention, and referral to treatment (SBIRT). Mrs. Smith also assists with integrating SBIRT into healthcare clinics around the state.

John Steakely
Born deep in the heart of Texas, Dallas to be exact, John Steakley grew up loving the outdoors and cereal. His love affair with the Cowboys was replaced with the Crimson Tide when his family moved to Huntsville. John studied finance and economics at The University of Alabama before receiving his M.Div. from Samford University. In 2018, he founded
Unbound Grace – a guidance and counseling group that focuses on recovery in the context of real life. John is married, has one daughter, and another on the way.

**Dawn Tyus**
Dawn Tyus is the Director of the Southeast Addiction Technology Transfer Center (SATTC) at Morehouse School of Medicine, located in Atlanta, Georgia. Dawn has been affiliated with Morehouse School of Medicine and SATTC for twelve years, as a Project Consultant, and was promoted to lead the team as the Director in 2009. As Director of ATTC, Dawn is responsible for the management, growth, and business development activities of the project, manage the day-to-day operations including implementation of the policies and programs, responsible for the professional development of staff, as well as new and innovative programs, manage approximately 10 external and internal staff members and a plethora of consultants. Dawn facilitate professional development trainings for clinicians and staff, interface with collaborative partners and stakeholders on a local, federal and state level to organize strategies for statewide initiatives. Dawn actively work with faith communities to strengthen their awareness, and build their skill set on working with individuals with mental health and substance use disorders. Dawn is also an expert on women mental health issues. She works diligently to empower women to live their best lives and the importance of being emotionally, mentally and spiritually balanced. Dawn is currently on the board of the Georgia School of Addiction Studies, and the Advisory Board for the Clark Atlanta University’s HBCU C.A. R. E. S. She has an impressive background in which she brings a wealth of experience from various perspectives. Her background spans many disciplines which include: nonprofit organizations, government, corporate, counseling services, consulting, strategic planning, group and individual coaching. She received a bachelor’s degree in Criminal Justice, and a Master of Education degree in Community Counseling from Mercer University and is currently writing her dissertation to obtain her Doctoral degree in Counseling Studies from Capella University. Dawn is also a Licensed Professional Counselor in, the State of Georgia where she provides family, individual, and group mental health therapy.

**Mike Vest**
Mike Vest is the Executive Director of the Addiction Prevention Coalition. Prior to this position, Mike was the Executive Director for the Governor’s Commission on Physical Fitness & Sports, the Executive Director of the Birmingham Athletic Partnership as well as a Shelby County Commissioner, District 6. From a young age, Mike learned that life can be tough, but it is not about what life throws at you, it is about how you react. Mike is married to Diana and has three unbelievable kids and Deacon, the Great Dane who has become the mascot of APC. Mike enjoys sports and all things outdoors.

**Rev. Tashara S. Void**
Rev. Tashara S. Void, an ordained itinerant elder in the African Methodist Church, began her career long before entering the professional field of counseling. As a teenager, she realized the importance of connections and relationships to the health and well-being of young people. In collaboration with her guidance counselor and another colleague, she developed a peer mentoring program for students entering high school to aide with the transition and stressors of high school. Wanting to increase the cultural competence within her school setting, she and a few peers collectively wrote a stage play highlighting the importance of music to the souls of African-American. She went on to study psychology at Norfolk State University. Upon graduation, she served as an intensive in-home and group home counselor for youth in the foster care system. Noticing the need for similar services within the Faith-based community, she developed programming looking at the cross-sectionality of faith as a mental health practice. She was called in to various faith-based spaces to discuss how spirituality could be used to highlight and counter mental health. She was invited to several churches within Virginia and the Second Episcopal District of the African Methodist Episcopal (AME) Church to speak with both youth and adult leadership to create more targeted programming to address the stigma of depression, anxiety, and faith in God. Her work continued while in seminary where she began to look at the maladaptive behaviors of students pursuing ministry. Along with a couple of her peers, the Theologians Eradicating Societal Stigmas (T.E.S.S.) was established on campus. With the rise in premature deaths due to heart disease and suicide, the poor overall health of clergy (physical, emotional, and mental), and the state and condition of clergy familial and peer relationships, all roads led to ministry itself being the problem, and the group began intently researching why. Observing the behaviors of peers and colleagues, they began to see traits in the faith leaders like that of addiction and posited that ministry, with all
its demands and expectations, had become a drug, and the church was the plug. The beginnings of the findings were presented at the 2018 HBCU Lonnie E. Mitchell Behavioral Health Summit sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA) and later further research “Reconciling Faith, God, and Addiction” was presented to the 2019 9th Annual Summer Institute on Addiction co-sponsored by the Southeastern Institute on Chemical Dependency (SICD) and Southeast Addiction Technology Transfer Center (SATTC). Her work continued with "Avoiding Asphyxiation: The Liberation of the Black Woman in Ministry’s Soul" where she studied not only the mental health of Black women but the asphyxiation she experienced along her ministerial journey. The research concluded with the presentation of a ritual-based, pedagogical framework to be implemented within seminaries and examining boards across denominations to guide women through the process of recovering from soul trauma. It is her hope that her work will not only be used to support the W(Holistic) health of women in ministry, but all faith-based leaders.

Amy Wagar
In 2011, Amy began her fight against sex trafficking by creating awareness efforts, advocating for victims and developing programs to address this issue across Birmingham, Alabama metro area. Currently, she serves as the Alabama Director for Trafficking Hope. Trafficking Hope is a non-profit organization focused on equipping and empowering non-government organizations, community groups, businesses, local churches, and government agencies to engage in the fight against sex trafficking. Amy is passionate about developing leaders in this field and frequently speaks at conferences and seminars throughout the southeast while also developing training protocols and planning outreaches programs to serve victims and those in the business of rescuing victims. Weekly, she works one-on-one with victims and survivors of the industry as a victim advocate helping get them out of a life of slavery and bondage and into recovery. Amy is also responsible for leading anti-trafficking efforts in her own church. Amy grew up in the metro Birmingham area and has a BA in Psychology from the University of South Alabama. She is currently pursuing her master’s degree in Crisis Response and Trauma Counseling from Liberty University. Amy and her family reside in the Birmingham, Alabama area.

April Watkins
April Watkins is a 1994 graduate of Tuskegee University, where she earned a bachelor’s in psychology. Her other courses of study include earning a master’s degree in community counseling, as well as, an MSW from the University of Alabama. She has been licensed to practice social work since 2013. Having worked in the social services field all her professional career, Ms. Watkins population of clients served has ranged from youth, young adults, adults, and geriatrics. Ms. Watkins is currently employed as a mental health specialist for the Alabama Department of Mental Health since 2017. Most specifically she is the State Coordinator of FEP services for youth and young adults. First Episode of Psychosis utilizes a recovery-based, and person-centered approach to provide the best course of support and treatment for these individuals and their respective families. Ms. Watkins is widowed with a daughter, Sydney.

Odalys Waugh
As a PhD. in Clinical Sexology, Licensed Mental Health Counselor and Certified Qualified Supervisor in the state of Florida, Dr. Waugh practice psychotherapy (Adults, Adolescents, Couples and Family Therapy); a Clinical Supervisor providing supervision to our Intern Counselors, Writer of her own book a presenter, a former professor at Miami Dade College, Television appearances and continuous personal and professional improvement.

Melissa Werner
Melissa Werner, PhD, LPC, is a graduate of the C. G. Jung Institute, Zurich. She is the only practicing analyst for adults and children in Alabama. Her thesis, “The Archetype of the Feral Child: The Feral Children of the Drug Epidemic,” is being prepared for publication. For many years, Melissa was a professor of child development and worked as a consultant for Head Start and children’s programs across the US and the Pacific Rim. She has lectured on Play Therapy in Refugee Communities at the UN NGO Committee on the Family. Recently, she presented a paper, “Psychotherapeutic Interventions with Children and Adolescents: Contemporary Perspectives in the Practice of Child and Adolescent Jungian Analysis and Sandplay Therapy” at the First International Conference on Child and Adolescent Jungian Analysis in Moscow, Russia. She provides therapy to adults and children in her private practice in Birmingham, Alabama. Contact: drmwerner@gmail.com.
Leann White
Leann White obtained her juris doctor from the University of Memphis in 1996. From 1997 to 2002, she worked at Crisis Services of North Alabama, Inc. (a domestic violence shelter) where I began and managed the Hope Place Legal Assistance Program which was the first of its kind in the State of Alabama. Through the Program, she provided legal assistance to victims of domestic violence in divorce, custody, and protection from abuse actions. From 2002 to 2012, Leann was employed with the Madison County District Attorney’s Office and became the lead prosecutor for the Family Violence and Sexual Assault Unit wherein she prosecuted cases involving child sexual and physical abuse, adult sexual assault, felony domestic violence, child exploitation, murder, and capital murder. During her years at the District Attorney’s Office, Leann directed several investigative teams, including the Madison County Multidisciplinary Team, Domestic Violence Team, Child Death Review Team, and the Sexual Assault Response Team. In 2012, she entered private practice at Rahmati Law Firm, LLC, practicing family law and criminal defense. She served on the Board of Directors of the National Children’s Advocacy Center from 2014 –2018 and served as chair of the Madison County’s Coordinated Community Response Taskforce from 2014 – 2017. As of September 2018, Leann has been employed as an Assistant United States Attorney for the U.S. Attorney’s office for the Northern District of Alabama. She is currently the Project Safe Childhood and Human Trafficking Coordinator for the Northern District and prosecute child exploitation and human trafficking cases.

John Wesley Wiginton
Wes received his master’s degree in Counseling from Faulkner University and has his bachelor’s degree from Jacksonville State University. Wes is currently licensed by the State of Alabama as an LPC and provides counseling services for families in The State of Alabama. Wes is also a Certified Adjudicated Juvenile Sex Offender Therapist from State of Alabama Department of Youth Services and provides assessments and counseling with this population. Wes is a member of The NAFC as a Certified Juvenile Sex Offender Treatment Specialist and a member of ATSA (Association for the Treatment of Sexual Abusers). Wes resides in Oxford, AL and is owner of Cheaha Counseling and Consulting LLC.

Wendy Williams
Dr. Wendy Williams is the Deputy Commissioner of Women’s Services for the Alabama Department of Corrections (ADOC). Appointed to this position in April 2014, she was charged with leading reform initiatives and changes at the Julia Tutwiler Prison for Women, as well as providing executive and operational oversight of the management of women’s prisons throughout the state. Prior to her current position, Dr. Williams served as the Director of Training for the agency for nearly 12 years. In this capacity, Dr. Williams led the agency’s early response to the Prison Rape Elimination Act (PREA) beginning in 2008 with education and training for both staff and offenders. She had direct oversight of the agency’s PREA projects and coordinators through October 2010. In February 2019, Dr. Williams had the honor of testifying before the U.S. Commission on Civil Rights during their briefing, “Women in Prison: Seeking Justice Behind Bars.” Dr. Williams was one of just over 20 nationally recognized experts to provide testimony to the commission. In addition to her service with the ADOC, Dr. Williams has provided consultation services for the National Institute of Corrections (NIC) on many topics, including gender-responsive discipline and sanctions policy for women’s facilities. Most recently, she served on a committee with the NIC and the Urban Institute as a subject matter expert in the development of a guide for correctional practitioners on model practices for parents in prisons and jails, to reduce barriers to family connections. Dr. Williams holds a Bachelor of Science degree from Athens State University and a Master of Science degree from Auburn University Montgomery. She also holds a Doctorate of Education degree from Nova Southeastern University.

Art Wimberly
Art Wimberly and his wife Carie live in Birmingham Alabama. They enjoy spending time with their 5 grown children, 8 grandchildren as well as ‘Gracie the Cat’ and ‘Phoebe the Goldendoodle’. Art has been working in the recovery field for over 17 years. The journey is deeply personal, beginning with he and his wife’s entry into recovery to cope with the addiction of their son. As a person in long-term recovery, Art has experienced firsthand deep and lasting change from the sickness of addiction to a life of freedom and growth. After a 30-year career in the mortgage banking industry and as a small business owner, he birthed the nonprofit organization T.H.R.I.V.E., which stands for Training & Help for Recovery In Various Environments. Through T.H.R.I.V.E. Art provides quality, affordable recovery coaching and counseling for
individuals and families, and collaborates with and offers training for groups and organizations seeking to plant or nourish recovery, prevention and wellness processes in their communities.

**Carie Wimberly**
Addiction Prevention Coalition's Director of Operations, Carie Wimberly brings 20+ years of experience as a Staff Analyst with BellSouth and 10 years as an Administrator to local churches. Before joining APC, Carie and her husband were already well-known community advocates, leading Recovery Programs in their area. Carie’s passion stems from addictions in her family that caused her to reach out for help over 20 years ago. With the help of the APC Team, Carie has also launched Parents of Addicted Loved Ones (PALs), which is a support group for Parents of Addicted Children.

ASADS 2021
March 23-26, 2021
2021 Call for Proposal

ASADS is in the process of planning our 46th 2021 school and would love for you to consider applying as a presenter. The school will be held March 23-27, 2021 at the Bryant Conference Center in Tuscaloosa, Alabama.

ASADS offers a unique opportunity for professional development, information exchange and networking. It is designed to address the need for knowledge and skill development through advanced training. We have had a proud history of providing education encompassing the fields of Prevention, Treatment and Recovery for over forty (40) years. Throughout the four-day school more than 900 participants will have access many half-day courses as well as in-depth skill building one day courses, exciting plenary speakers and the presentation of the Carl Nowell Award.

We expect participants to come from a variety of settings and possess a range of skills and experience. Attendees may include prevention practitioners, treatment, recovery and youth development practitioners, state and community leaders, agency directors and staff, juvenile justice and adult corrections practitioners, people in recovery and their allies, health care practitioners, educators and faith-based groups.

If you are interested in supporting ASADS by becoming a presenter, please complete this form including the required attachments no later than May 31, 2020.

Suggested Topics are listed below but not limited to the following:

Prevention Topics include, but are not limited to, HIV/AIDS, prevention ethics, managing disruptive behavior, sustainability planning, cultural competency and addressing behavioral health disparities, underage drinking, community level change strategies, coalition building/development, prescription drug abuse, prevention advocacy, marijuana prevention education/legalization, mental health promotion, suicide prevention, prevention programs geared toward specific populations (youth, college, military, etc.) and impact on the workplace.

Youth Development Topics include, but are not limited to, evidence-based practices in working with youth, relationship between youth development and prevention, treatment and/or recovery, youth voice and choice, youth led campaigns, high-impact activities, creating youth friendly spaces, understanding the teen brain, and building effective relationships with youth.

Treatment Topics include, but are not limited to, abstinence-based treatment, addiction counseling competencies, treatment addressing the need of specific populations (veterans, adolescents, collegiate, gender, LGBTQ, young adults), co-occurring disorders, ethics, evidence-based programs, strategies for family treatment, medication-assisted treatment, motivational interviewing, relapse prevention, senior population and substance use, technology-based therapeutic tools, trauma, and clinical supervision.

Recovery Topics include, but are not limited to, recovery support services, role of peer-based recovery support, forensic peer specialists, youth peer support, creating a culture of recovery, medication in support of recovery, recovery community organizations (funding and making the business case), science of addiction and recovery, creating the expectation of recovery, role of family and community in recovery, and addiction advocacy in local communities.

Wellness for Professionals Topics include, but are not limited to, personal wellness for substance abuse counselors, doing our own work: a parallel process, impairment prevention, setting boundaries for self-care, identifying risk factors, life balance, self-checkup, finding renewal, cultivating habits of self-care, career-sustaining strategies, burnout, coping skills, stress management, practicing mindfulness, and wellness activities: cognitive, emotional, physical and spiritual.

Primary Care and Behavioral Health Integration Topics include, but are not limited to, best practices for creating and implementing integrated care systems, case best practices to facilitate changes in culture towards integrated health best practices to recruit, train, and retain an integrated health workforce, including practical ways to involve peer support specialists and community health workers.

Final selection of proposals will be completed by October 1, 2020. Selected presenters will be notified by email. Those not selected will be advised. If you are interested in submitting a proposal for the 2020 Alabama School of Alcohol and Other Drug Studies, please visit our webpage at www.asadsonline.com.